

# Parish Notes

Carmichael Presbyterian Church



March 22, 2026

## Welcome to Worship

Welcome to worship with Carmichael Presbyterian Church. This community affirms that every person has worth as a unique creation and a child of God. We strive to welcome into full participation people of every age, sex, race, color, ethnicity, culture, immigration status, political affiliation, economic condition, physical and mental ability, marital status, sexual orientation, and gender identity and expression. Name tags and pronoun pins are available at the sign-in tables at the entrances to the worship space.

This service is livestreamed for those unable to be physically present, and we celebrate that we can be connected to each other in different times and places for worship.

If you are visiting, we extend God's blessings to you on your journey. If you are seeking a home, we invite you to join us in the adventure of serving Jesus Christ in a challenging and beautiful world.

~Pastor Keith and Pastor Ivan

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## Sundays at CPC

**Worship** on Sundays at 10:00 a.m. in the Sanctuary either in person or via live stream. You can also watch the recording of the service any time after Sunday. There are several ways to join worship services:

- Come In-Person: To help us be a more welcoming congregation and greet each other, please wear your name badge or, if you don't have one or can't find it, pick up a sticker name tag as you enter the Sanctuary.
- Go to the church website: <http://carmichaelpres.org/> and click on the "live stream" link
- Go to the URL: <https://www.youtube.com/@carmichaelpres/>
- Use the YouTube App or Smart TV: search for carmichaelpres (and subscribe to our channel if you haven't yet)

**Sunday School** for kids age 4 through 5th grade starts after the Time for Young People (about 10:15 a.m.) in Rooms 205 and 207. Youth Bible Study for middle and high schoolers (6th-12th grade) will not meet today.

**Nursery Care** is open for children age 4 and under from 9:30 a.m.-11:30 a.m. in Room 102.

**Coffee Fellowship** is available in the Food Closet building today following worship. Grab a cup of coffee or a cookie & take a tour!

**Restrooms** are available between the DeVries Gathering Place and Parlor and outside McMillen Hall. All-gender restrooms are located on the second floor across from the elevator and across from Room 206.

Let us know you're watching!  
Register your attendance **HERE!**



## Remember in Prayer:

- **Victims of Natural Disasters & Violence Worldwide**
- **Carol Dobler**
- **Anita Lawson**
- **Bonnie Pearson**
- **Marsha Cook**
- **Mel Huth**
- **James Wurz**
- **Ron Morris**
- **Hazel Smith**
- **Bill Walker**
- **Jean Jones**
- **Don Cox**
- **Chauncey Hayes**
- **Mary Lou Pettit**
- **Julie Leporiere**
- **John & Kate Erlich**
- **Jan Hill**
- **Tracey Finck** (Kate Erlich's niece)
- **Amber Smyth** (Jimmi Mishler's granddaughter)
- **Paula Knoll** (Kristina Niemi's mother)
- **Mark Ostman** (Hal Millering's cousin's husband)
- **Jill Hesser** (former CPC member)
- **Jim Stochl** (Pastor of Harvest Presbyterian Church, Ceres)
- **Dennis McAllister** (friend of Carolyn & Gordon McGregor)
- **Sarah Cagley** (Allison Cagley's daughter)
- **Bob & Patricia Ellsworth** (Kate Erlich's sister and brother-in-law)
- **Jeff Poteet** (Janann Poteet's son)
- **Pete Fuller** (Bonnie Paxton's cousin)
- **Michelle Busath** (Carmichael HART)
- **Scott Crippin** (Paul & Lynn Shultz's son-in-law)
- **John Buechner** (friend of Keith & Jenny DeVries)
- **Rachel Pollock** (Rebecca Parker's daughter)
- **Erika Heald** (friend of ElizaBeth Phillips)
- **Sarah Winston** (Laura Garwood's sister)
- **Becca Hugh** (friend of Bill & Misty Dunn)
- **Joanna Duthler** (friend of Cathy Wride)
- **Lisa Roppolo** (friend of Anita Lawson)
- **Laura Voelker** (Kate Erlich's cousin)
- **Marty Welch** (friend of Anita Lawson)
- **Eduardo Kioshima** (Dani Romais's father)
- **Marilyn & Bill Garwood** (Laura Garwood's parents)
- **Nancy Marker** (friend of Beth Lindley)
- **Diana Jacks** (Terry Sakuda's sister)
- **Corinne Coakley** (friend of Carolyn McGregor)
- **Mary Patton** (Janann Poteet's daughter)
- **Linda Hopper** (Lisa Torgerson's mother)
- **Debbie Scott** (Mary Thomas's sister)
- **Charlotte Faith Syres** (Pattie Shaw's great-granddaughter)
- **Ben Hidalgo** (husband of Gail Ball's granddaughter)
- **Jaxon Dwonch** (Kathy Lewis's friend's great-grandson)
- **DG Dela Peña** (Lynette Ledesma's cousin's daughter)
- **Brandi Rusniak** (family friend of Janann Poteet)
- **Jay Geha** (Bonnie Pearson's son)

## Blessed Minds: Lenten Book Study

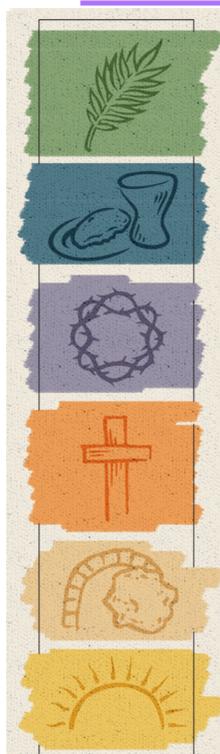
Our Lenten book study on *Blessed Minds: Breaking the Silence About Neurodiversity* by the Rev. Dr. Sarah Griffith Lund continues following worship. Join Pastor Ivan in the Howard Crowley Room as we learn together how to embrace the gifts of neurodiversity so our church can continue to grow as a place of belonging for all.

## Coffee Fellowship in the Food Closet

The Food Closet building has been open and serving the Carmichael community for 23 years. All of that use had definitely taken its toll on walls and flooring. With generous donations from the community and the companies doing the work we have new paint and flooring. Come to the Food Closet for coffee fellowship after worship TODAY to see our new fresh look. We look forward to seeing you.

## Meet the PC(USA) Co-Moderator

You are invited to dessert and conversation with Rev. CeCe Armstrong, Co-Moderator of the Presbyterian Church (USA) on Tuesday, March 24 at 7:00 p.m. in McMillen Hall. This free event is a chance to hear Rev. Armstrong's unique perspective on the PC(USA) as she has represented our denomination and visited congregations throughout the United States and the world over the past two years. Childcare will be provided upon request. Questions? Contact the church office.



## HOLY WEEK AT CPC

**Palm Sunday, March 29**

**Worship @ 10am**

**Maundy Thursday, April 2**

**Worship & Communion @ 7pm**

**Good Friday, April 3**

**Worship @ 7pm**

**Easter Sunday, April 5**

**Sunrise Service @ 6:45am**

6841 Stanley Ave. overlooking the American River

**Worship @ 9:00am & 11:00am**

In Person AND Livestream

at <https://www.youtube.com/@carmichaelpres>

## Today's Flowers

The flowers in the Sanctuary today are given by **Kate Erlich** in loving memory of her mother, **Genevieve Smith**, on her birthday.

## Share Your Faith Story

You're invited to share a faith story with your church family. Your story increase understanding and encourage others in their faith journeys. You can share during Sunday worship, write something for someone else to read, or come up with a new way to share. Interested? Want to know more? Contact Terry Sakuda at 571-205-8055 or [terry.sakuda@yahoo.com](mailto:terry.sakuda@yahoo.com).

## Wednesday Dinner

Share a meal & conversation in McMillen Hall starting at 6:00 p.m. on most Wednesdays. Enjoy dinner for \$7 per person, with a \$25 max per family and/or pizza for \$1 per slice. Youth Group for grades 6-12 meets from 6:30-8:00 p.m. and the Sanctuary Choir rehearses starting at 7:00 p.m.

## Special Friends

Please pray for these folks whose circumstances often keep them from attending in-person worship. We include a few names each week.

**Dave & Chris Beeby**  
**Billy Bristow**  
**Paul Buehler**

## Opportunity Knocks Today

If you want to get involved and connected, but don't know how, stop by the Opportunity Knocks table by the Food Closet today or contact CPC's Engagement Coordinator, Sharon MacLean at [sharmac617@gmail.com](mailto:sharmac617@gmail.com) or 916-213-4179.

## 30-Hour Famine

This weekend, several youth from CPC are at Westminster Woods for the annual 30-Hour Famine. They are learning about global hunger, meeting students from other churches, and partnering with Sierra Service Project. In addition to education, 30-Hour Famine also encourages raising funds to help small rural communities get farming equipment and supplies. If you would like to support 30-Hour Famine, please scan the QR code and include the name of our church in the memo.



## Parking Lot News

Things are moving! A construction coordination meeting is scheduled for Monday with County inspectors, the contractor, our engineer, and us. We expect construction to begin April 6, so alternate parking on Sunday mornings will begin April 12. Some parking will be available in the business center on Marconi next to the front of the church. We're still trying to get permission to use the Carmichael Library parking lot. Please note that during the parking lot project, access from Robertson Ave. will be not be allowed.

# SENIOR CARE WORKSHOP

**JOIN IN-YOUR HOME CARE SERVICES — SERVICE WITH A HEART FOR A FULL DAY DEDICATED TO SENIOR CARE, HEALTH, AND COMMUNITY SUPPORT!**

**MARCH 28, 2026**  
**09:00 AM - 03:00 PM**  
**MCMILLEN HALL**

**Get Involved**

Attendees: RSVP today to secure your spot!  
Call 916-587-1662.

### Event Highlights

- Zumba & Fall Prevention exercises + Fall Prevention talk
- Relaxing Caregiver Rest Area
- Exciting raffles & prizes
- Snacks, refreshments, and lunch (Hotdogs & Burgers!)
- Wellness resources & Health App demo

## CPC's Mission

Responding to God's love through Jesus Christ, we:

- Welcome all
- Nurture relationships
- Grow in faith together
- Connect with and serve our community & the world

### Carmichael Presbyterian Church

5645 Marconi Avenue  
Carmichael, CA 95608  
916-486-9081

[www.carmichaelpres.org](http://www.carmichaelpres.org)



<https://www.pcusa.org/matthew-25/>



<https://pcusa.org/about-pcusa/agencies-entities/interim-unified-agency/ministry-areas/hunger-program/sustainable-living/earth-care-concerns/earth-care-congregations/>

## This Week at CPC

Sunday, March 22 @ 10:00 a.m. Worship in Sanctuary and on YouTube  
Sunday, March 22 @ 10:15 a.m. Sunday School in Rooms 206 & 207  
Sunday, March 22 @ 11:00 a.m. Coffee Fellowship in Food Closet  
Sunday, March 22 @ 11:00 a.m. Waterfall Singers in Room 104  
Sunday, March 22 @ 11:15 a.m. Blessed Minds Study in Crowley Room  
Sunday, March 22 @ 11:15 a.m. Nominating Committee in Room 204  
Monday, March 23 @ 1:30 p.m. Food Closet Distribution  
Monday, March 23 @ 6:00 p.m. Mission Bells in Music Room  
Monday, March 23 @ 6:00 p.m. Drama Rehearsal in Sanctuary  
Tuesday, March 24 @ 9:00 a.m. World Relief in Room 109  
Tuesday, March 24 @ 10:00 a.m. Staff Meeting in Library  
Tuesday, March 24 @ 11:00 a.m. Companions Study in DGP  
Tuesday, March 24 @ 11:00 a.m. GA in Room 202  
Tuesday, March 24 @ 1:30 p.m. Food Closet Distribution  
Tuesday, March 24 @ 7:00 p.m. PC(USA) Co-Moderator in McMillen Hall  
Tuesday, March 24 @ 7:00 p.m. AA in DeVries Gathering Place  
Wednesday, March 25 @ 9:00 a.m. World Relief in Room 109  
Wednesday, March 25 @ 6:00 p.m. Wednesday Dinner in McMillen Hall  
Wednesday, March 25 @ 6:00 p.m. Drama Rehearsal in Sanctuary  
Wednesday, March 25 @ 6:30 p.m. Youth Group in Upper Rooms  
Wednesday, March 25 @ 6:30 p.m. Scouts in Howard Crowley Room  
Wednesday, March 25 @ 7:00 p.m. Chips Ahoy! in McMillen Hall  
Wednesday, March 25 @ 7:00 p.m. Sanctuary Choir in Music Room  
Thursday, March 26 @ 8:30 a.m. Men's Morning Fellowship via Zoom  
Thursday, March 26 @ 9:00 a.m. World Relief in Room 109  
Thursday, March 26 @ 1:30 p.m. Food Closet Distribution  
Thursday, March 26 @ 6:00 p.m. Food Closet Distribution  
Thursday, March 26 @ 7:30 p.m. SPAA in DeVries Gathering Place  
Friday, March 27 @ 10:00 a.m. AIAnon in Howard Crowley Room  
Friday, March 27 @ 11:00 a.m. Inurnment Service at Columbarium  
Saturday, March 28 @ 9:00 a.m. Senior Care Workshop in McMillen Hall  
Saturday, March 28 @ 9:00 a.m. County Work Crew  
Saturday, March 28 @ 10:00 a.m. Palm Sunday Decorating in Sanctuary  
Sunday, March 29 @ 10:00 a.m. Worship in Sanctuary and on YouTube  
Sunday, March 29 @ 10:15 a.m. Sunday School in Rooms 206 & 207  
Sunday, March 29 @ 11:00 a.m. Coffee Fellowship in DGP  
Sunday, March 29 @ 11:00 a.m. Waterfall Singers in Room 104  
Sunday, March 29 @ 11:00 a.m. Youth Bible Study in Room 204  
Sunday, March 29 @ 11:15 a.m. Blessed Minds Study in Crowley Room  
Sunday, March 29 @ 11:15 a.m. Drama Rehearsal in Sanctuary

## Today's Hymns

"Breathe on Me, Breath of God" was written originally as a private prayer by Edward Hatch, an English academic. Later set to music, this popular hymn is in many Protestant hymnals. "Breath" in biblical Hebrew and Greek is translated as breath, wind, and God's Spirit.

"Every Time I Feel the Spirit" is a lively African American spiritual, often sung a *capella*. Like some other spirituals, it contains biblical & spiritual references as well as veiled allusions to escaping slavery, here perhaps referencing the Underground Railroad.



# Donate an Easter Lily

CPC's Deacons will provide Easter Lilies to decorate our Sanctuary for Easter Sunday. You are invited to donate lilies in memory or in honor of loved ones. Donors and those who are honored will be listed in the Parish Notes on Easter Sunday, April 5.

Fill out this form and return it with your payment to the church office by Monday, March 30 or contact the church office at [carmichaelpres@gmail.com](mailto:carmichaelpres@gmail.com) or 916-486-9081.

**Lilies are \$10.00 each**

Please print all names as you would like them to appear in the bulletin:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

This Easter lily is given:

In Memory of: \_\_\_\_\_

(or)

In Honor of: \_\_\_\_\_

After Easter worship:

I will pick up my lilies after the 11:00 a.m. service

Please have the Deacons to deliver my lilies to someone in need

Please submit this form by  
Monday, March 30