

Parish Notes

Carmichael Presbyterian Church



February 8, 2026

Welcome to Worship

Welcome to worship with Carmichael Presbyterian Church. This community affirms that every person has worth as a unique creation and a child of God. We strive to welcome into full participation people of every age, sex, race, color, ethnicity, culture, immigration status, political affiliation, economic condition, physical and mental ability, marital status, sexual orientation, and gender identity and expression. Nametags and pronoun pins are available at the sign-in tables at the entrances to the worship space.

This service is livestreamed for those unable to be physically present, and we celebrate that we can be connected to each other in different times and places for worship.

If you are visiting, we extend God's blessings to you on your journey. If you are seeking a home, we invite you to join us in the adventure of serving Jesus Christ in a challenging and beautiful world.

~Pastor Keith and Pastor Ivan

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Sundays at CPC

Worship on Sundays at 10:00 a.m. in the Sanctuary either in person or via live stream. You can also watch the recording of the service any time after Sunday. There are several ways to join worship services:

- Come In-Person: To help us be a more welcoming congregation and greet each other, please wear your name badge or, if you don't have one or can't find it, pick up a sticker name tag as you enter the Sanctuary.
- Go to the church website: <http://carmichaelpres.org/> and click on the "live stream" link
- Go to the URL: <https://www.youtube.com/@carmichaelpres/>
- Use the YouTube App or Smart TV: search for carmichaelpres (and subscribe to our channel if you haven't yet)

Sunday School for kids age 4 through 5th grade starts after the Time for Young People (about 10:15 a.m.) in Rooms 205 and 207. Youth Bible Study for middle and high schoolers (6th-12th grade) starts at 11:00 a.m. in Room 204.

Nursery Care is open for children age 4 and under from 9:30 a.m.-11:30 a.m. in Room 102.

Coffee Fellowship is available in the DeVries Gathering Place following worship. Grab a cup of coffee or a cookie & enjoy fellowship.

Restrooms are available between the DeVries Gathering Place and Parlor and outside McMillen Hall. All-gender restrooms are located on the second floor across from the elevator and across from Room 206.

Let us know you're watching!

Register your attendance **HERE!**



Remember in Prayer:

- **Victims of Natural Disasters & Violence Worldwide**
- **Mary Simpson**
- **Ron Morris**
- **Hazel Smith**
- **Bob Bergsten**
- **Emily Moulton**
- **Bill Walker**
- **Jean Jones**
- **Heidi Van Regenmorter**
- **Don Cox**
- **Chauncey Hayes**
- **Mary Lou Pettit**
- **Julie Leporiere**
- **John & Kate Erlich**
- **Marcia Law**
- **Jan Hill**
- **Brenda Benjamin** (Barbara Hussey's sister-in-law)
- **Robin Williams** (Wendy Leggett's sister-in-law)
- **Dennis McAllister** (friend of Carolyn & Gordon McGregor)
- **Ryan Hickey** (Carolyn Biggers' son)
- **Sarah Cagley** (Allison Cagley's daughter)
- **Bob & Patricia Ellsworth** (Kate Erlich's sister and brother-in-law)
- **Jeff Poteet** (Janann Poteet's son)
- **Pete Fuller** (Bonnie Paxton's cousin)
- **Michelle Busath** (Carmichael HART)
- **Scott Crippin** (Paul & Lynn Shultz's son-in-law)
- **John Buechner** (friend of Keith & Jenny DeVries)
- **Rachel Pollock** (Rebecca Parker's daughter)
- **Jeff Hanson** (former CPC member)
- **Bodil Drucker** (friend of Janann Poteet)
- **Amber Smyth** (Jimmi Mishler's granddaughter)
- **Erika Heald** (friend of ElizaBeth Phillips)
- **Sarah Winston** (Laura Garwood's sister)
- **Becca Hugh** (friend of Bill & Misty Dunn)
- **Joanna Duthler** (friend of Cathy Wride)
- **Lisa Roppolo** (friend of Anita Lawson)
- **Laura Voelker** (Kate Erlich's cousin)
- **Marty Welch** (friend of Anita Lawson)
- **Eduardo Kioshima** (Dani Romais's father)
- **Marilyn & Bill Garwood** (Laura Garwood's parents)
- **Nancy Marker** (friend of Beth Lindley)
- **Diana Jacks** (Terry Sakuda's sister)
- **Martha Jones** (friend of Marti Wallace)
- **Anne Smith** (friend of Marti Wallace)
- **Corinne Coakley** (friend of Carolyn McGregor)
- **Mary Patton** (Janann Poteet's daughter)
- **Linda Hopper** (Lisa Torgerson's mother)
- **Debbie Scott** (Mary Thomas's sister)
- **Charlotte Faith Syres** (Pattie Shaw's great-granddaughter)
- **Ben Hidalgo** (husband of Gail Ball's granddaughter)
- **Jaxon Dwonch** (Kathy Lewis's friend's great-grandson)
- **DG Dela Peña** (Lynette Ledesma's cousin's daughter)
- **Brandi Rusniak** (family friend of Janann Poteet)
- **Jay Geha** (Bonnie Pearson's son)

Souper Bowl of Caring

While many are anticipating the NFL Super Bowl, CPC's youth are heading up an effort to care for those who face hunger every day. Today, they are collecting canned goods (especially peanut butter, soup, and tuna) or cash donations on Sunday mornings to support the Carmichael Food Closet through the Souper Bowl of Caring. Look for youth holding pots as you leave the Sanctuary!

Winter Respite

This winter, Carmichael HART (Homeless Assistance Resource Team) is providing respite for our unhoused neighbors. On Mondays, volunteers from faith communities in Carmichael provide breakfast, showers, takeaway lunch, and a time for safe relaxation from 9:00 a.m. to 1:00 p.m. in McMillen Hall. CPC is providing volunteers for February 16 and 23. Meet Barbara Farley at the sign-up table in the DeVries Gathering Place to learn more and sign up for a shift from 8:30 a.m. - 11:00 a.m. or 10:30 a.m.-1:00 p.m.

Blessed Minds: Lenten Book Study

Join us this Lent as we read *Blessed Minds: Breaking the Silence About Neurodiversity* by the Rev. Dr. Sarah Griffith Lund. This study will help us embrace the gifts of neurodiversity so our church can continue to grow as a place of belonging for all. Books are available now from Pastor Ivan or in the church office (\$15 suggested donation). We will meet in the Howard Crowley Room for a time of discussion starting Sunday, February 22 following worship.

ASH WEDNESDAY

WORSHIP

February 18 at 7:00 p.m.

This contemplative service begins the Lenten season with the imposition of ashes and the Lord's Supper.

The service will also be livestreamed at
<https://www.youtube.com/user/carmichaelpres/>

Childcare is provided.

Please note: there will not be a Wednesday Dinner on February 18.

Caregiver Workshop

Caregivers are invited to a free "Supporting Independence" workshop presented by the Alzheimer's Association on Wednesday, February 11 from 2:00-3:30 p.m. in the DeVries Gathering Place. Get registration details and more information at the Caregiver Support table in the DeVries Gathering Place TODAY.

Today's Music

This morning's anthem is arranged in a "call and response" form, common in African and African-American songs. Its African style is enhanced by the djembe, a West African wooden hand drum, and conga drums.

Today's offertory is a contemporary setting of a well-known Charles Wesley hymn composed around 1740. Charles Wesley wrote an astonishing 6,000 hymns. He, along with his brother, John, and father, Samuel, were driving forces in the growth of the Methodist church.

Special Friends

Please pray for these folks whose circumstances often keep them from attending in-person worship. Because the list is long, we include a few names each week.

Dave & Chris Beeby
Billy Bristow
Paul Buehler
George Burbank

Join the Drama Team

Do you enjoy public speaking? Maybe you've performed in the past or even the present and would like an opportunity to continue displaying your talents. CPC's Drama Team is just the group for you. Enjoy fellowship, laughter, and meaningful messages while providing the congregation with dramatic readings and presentations. Contact Karen Orlando at 916-847-4100 or k.orlando@comcast.net for more information.

All Church Campout & Day Trip

Join us for a weekend of camping in God's creation at Scotts Flat Reservoir in Nevada City, CA from Friday, June 26 to Sunday, June 28, or join us for a day trip on Saturday, June 27. We will spend the weekend playing in the water, playing games, and building friendships. We have three campsites together which are less than a 5-minute walk to the edge of the lake. Spots are limited.

If you are new to CPC, this trip is a great way to meet other people and families. Come relax in nature with your church family! Contact Anne Parker (anne@sparkinn.com or 916-798-5153) to reserve your spot before they fill up.

Trans Youth Healthcare Advocacy

The PC(USA) has affirmed the church's obligation to stand for the right of people of all gender identities to live free from discrimination and injustice. The Covenant Network of Presbyterians encourages us to make our voices heard on proposed federal regulations through the Human Rights Campaign (see the emailed Parish Notes for the direct link): https://act.hrc.org/page/183931/petition/1?ea.tracking.id=or_gnr_hrc NPRMcomments&fbclid=IwDGRleAPVeX1leHRuA2FibQIxMQBzcnRjBmFwcF9pZA8xNzM4NDc2NDI2NzAzNzAAAR5GbKzMuWyJc6oNyAsiWMMWvhZr-9pgvXu58GiQfCutoKt7zmpBxnVITMCtrg_aem_CzotCmwZpRqaTFtLOE-sXg. Public comment period closes February 17.

The federal government has proposed two new rules that could make it virtually impossible for transgender youth to get the health care they need. These proposed rules would block Medicaid and CHIP funding for gender-affirming care for transgender youth; and punish hospitals and providers that offer this care by threatening their ability to participate in Medicare and Medicaid altogether.

If passed, these proposals will impact **all** families seeking care for their trans children, regardless of whether they are doing so with public insurance, private insurance, or their own funds. You can help by **sending a public comment** (it can be made anonymously) telling the government why this care matters and why these rules would hurt young people. Please use your own words as duplicate submissions will be filtered out. If you have questions, you can submit them to cpcinclusion@gmail.com.

CPC's Mission

- Responding to God's love through Jesus Christ, we:
- Welcome all
- Nurture relationships
- Grow in faith together
- Connect with and serve our community & the world

Carmichael Presbyterian Church

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<https://www.pcusa.org/matthew-25/>



<https://pcusa.org/about-pcusa/agencies-entities/interim-unified-agency/ministry-areas/hunger-program/sustainable-living/earth-care-concerns/earth-care-congregations/>

This Week at CPC

Sunday, February 8 @ 10:00 a.m. Worship in Sanctuary and on YouTube
Sunday, February 8 @ 10:15 a.m. Sunday School in Rooms 207 & 207
Sunday, February 8 @ 10:30 a.m. Inclusion Parent Group in Room 204
Sunday, February 8 @ 11:00 a.m. Coffee Fellowship In DGP
Sunday, February 8 @ 11:00 a.m. Waterfall Singers in Room 104
Sunday, February 8 @ 11:00 a.m. Youth Bible Study in Upper Rooms
Monday, February 9 @ 9:00 a.m. Winter Respite in McMillen Hall
Monday, February 9 @ 1:30 p.m. Food Closet Distribution
Tuesday, February 10 @ 10:00 a.m. Staff Meeting in Library
Tuesday, February 10 @ 11:00 a.m. Companions Study in DGP
Tuesday, February 10 @ 11:00 a.m. GA in Room 202
Tuesday, February 10 @ 1:30 p.m. Food Closet Distribution
Tuesday, February 10 @ 5:30 p.m. Personnel Committee via Zoom
Tuesday, February 10 @ 7:00 p.m. All Divisions Meet via Zoom
Tuesday, February 10 @ 7:00 p.m. AA in DeVries Gathering Place
Wednesday, February 11 @ 7:00 a.m. Winter Respite Food Prep in McM Kitchen
Wednesday, February 11 @ 2:00 p.m. Senior Care Workshop in DGP
Wednesday, February 11 @ 6:00 p.m. Wednesday Dinner in McMillen Hall
Wednesday, February 11 @ 6:30 p.m. Youth Group in Upper Rooms
Wednesday, February 11 @ 7:00 p.m. Sanctuary Choir Practice in Music Room
Thursday, February 12 @ 8:30 a.m. Men's Morning Fellowship via Zoom
Thursday, February 12 @ 9:00 a.m. World Relief in Room 109
Thursday, February 12 @ 10:00 a.m. Presbyterian Women Bible Study via Zoom
Thursday, February 12 @ 1:30 p.m. Food Closet Distribution
Thursday, February 12 @ 6:00 p.m. Food Closet Distribution
Thursday, February 12 @ 7:30 p.m. SPAA in DeVries Gathering Place
Friday, February 13 @ 10:00 a.m. AIAnon in Howard Crowley Room
Saturday, February 14 @ 9:00 a.m. Shower Ministry in McM & Courtyard Room
Saturday, February 14 @ 12:00 p.m. Nautilus Ship in DeVries Gathering Place
Saturday, February 14 @ 5:00 p.m. Mothership in DeVries Gathering Place
Sunday, February 15 @ 10:00 a.m. Worship in Sanctuary and on YouTube
Sunday, February 15 @ 10:15 a.m. Sunday School in Rooms 207 & 207
Sunday, February 15 @ 11:00 a.m. Coffee Fellowship In DGP
Sunday, February 15 @ 11:00 a.m. Waterfall Singers in Room 104
Sunday, February 15 @ 11:00 a.m. Youth Bible Study in Upper Rooms
Sunday, February 15 @ 11:00 a.m. Deacons in Howard Crowley Room
Sunday, February 15 @ 2:00 p.m. Kiwanis Band Rehearsal in Music Room
Sunday, February 15 @ 3:00 p.m. World Relief in McMillen Hall
Monday, February 16 Presidents' Day - Church Office & Food Closet Closed

Wednesday Dinner

Share a meal & conversation in McMillen Hall starting at 6:00 p.m. on most Wednesdays. Enjoy a delicious dinner for \$7 per person, with a \$25 max per family and/or pizza for \$1 per slice. Youth Group for grades 6-12 meets from 6:30-8:00 p.m. and the Sanctuary Choir rehearses starting at 7:00 p.m.