

Parish Notes

Carmichael Presbyterian Church



February 1, 2026

Welcome to Worship

Welcome to worship with Carmichael Presbyterian Church. This community affirms that every person has worth as a unique creation and a child of God. We strive to welcome into full participation people of every age, sex, race, color, ethnicity, culture, immigration status, political affiliation, economic condition, physical and mental ability, marital status, sexual orientation, and gender identity and expression. Nametags and pronoun pins are available at the sign-in tables at the entrances to the worship space.

This service is livestreamed for those unable to be physically present, and we celebrate that we can be connected to each other in different times and places for worship.

If you are visiting, we extend God's blessings to you on your journey. If you are seeking a home, we invite you to join us in the adventure of serving Jesus Christ in a challenging and beautiful world.

~Pastor Keith and Pastor Ivan

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Sundays at CPC

Worship on Sundays at 10:00 a.m. in the Sanctuary either in person or via live stream. You can also watch the recording of the service any time after Sunday. There are several ways to join worship services:

- Come In-Person: To help us be a more welcoming congregation and greet each other, please wear your name badge or, if you don't have one or can't find it, pick up a sticker name tag as you enter the Sanctuary.
- Go to the church website: <http://carmichaelpres.org/> and click on the "live stream" link
- Go to the URL: <https://www.youtube.com/@carmichaelpres/>
- Use the YouTube App or Smart TV: search for carmichaelpres (and subscribe to our channel if you haven't yet)

Sunday School and **Youth Bible Study** will not meet today. Children and youth are encourage to remain in worship and participate in Communion.

Nursery Care is open for children age 4 and under from 9:30 a.m.-11:30 a.m. in Room 102.

Coffee Fellowship is available in the DeVries Gathering Place following worship and the annual congregational meeting. Grab a cup of coffee or a cookie & enjoy fellowship.

Restrooms are available between the DeVries Gathering Place and Parlor and outside McMillen Hall. All-gender restrooms are located on the second floor across from the elevator and across from Room 206.

Let us know you're watching!

Register your attendance **HERE!**



Remember in Prayer:

- Victims of Natural Disasters & Violence Worldwide
- Mary Simpson
- Ron Morris
- Hazel Smith
- Bob Bergsten
- Emily Moulton
- Bill Walker
- Jean Jones
- Heidi Van Regenmorter
- Don Cox
- Chauncey Hayes
- Mary Lou Pettit
- Julie Leporiere
- John & Kate Erlich
- Marcia Law
- Jan Hill
- Dennis McAllister (friend of Carolyn & Gordon McGregor)
- Ryan Hickey (Carolyn Biggers' son)
- Sarah Cagley (Allison Cagley's daughter)
- Bob & Patricia Ellsworth (Kate Erlich's sister and brother-in-law)
- Jeff Poteet (Janann Poteet's son)
- Pete Fuller (Bonnie Paxton's cousin)
- Michelle Busath (Carmichael HART)
- Scott Crippin (Paul & Lynn Shultz's son-in-law)
- John Buechner (friend of Keith & Jenny DeVries)
- Rachel Pollock (Rebecca Parker's daughter)
- Jeff Hanson (former CPC member)
- Bodil Drucker (friend of Janann Poteet)
- Amber Smyth (Jimmi Mishler's granddaughter)
- Erika Heald (friend of ElizaBeth Phillips)
- Sarah Winston (Laura Garwood's sister)
- Becca Hugh (friend of Bill & Misty Dunn)
- Joanna Duthler (friend of Cathy Wride)
- Lisa Roppolo (friend of Anita Lawson)
- Dennis Hickey (Carolyn Biggers' son)
- Laura Voelker (Kate Erlich's cousin)
- Marty Welch (friend of Anita Lawson)
- Eduardo Kioshima (Dani Romais's father)
- Marilyn & Bill Garwood (Laura Garwood's parents)
- Nancy Marker (friend of Beth Lindley)
- Diana Jacks (Terry Sakuda's sister)
- Martha Jones (friend of Marti Wallace)
- Anne Smith (friend of Marti Wallace)
- Corinne Coakley (friend of Carolyn McGregor)
- Mary Patton (Janann Poteet's daughter)
- Linda Hopper (Lisa Torgerson's mother)
- Debbie Scott (Mary Thomas's sister)
- Charlotte Faith Syres (Pattie Shaw's great-granddaughter)
- Ben Hidalgo (husband of Gail Ball's granddaughter)
- Jaxon Dwonch (Kathy Lewis's friend's great-grandson)
- DG Dela Peña (Lynette Ledesma's cousin's daughter)
- Brandi Rusniak (family friend of Janann Poteet)
- Jay Geha (Bonnie Pearson's son)

Annual Congregational Meeting

CPC's Annual Congregational Meeting is TODAY following worship in the Sanctuary in-person and via livestream on YouTube. We will celebrate our accomplishments in 2025 and look forward to 2026.

Agenda items include:

- reviewing the budget for 2026
- electing elders, deacons, and nominating committee members
- receiving the 2025 annual report
- approving Terms of Call for Pastor Keith and Pastor Ivan

Winter Respite

This winter, Carmichael HART (Homeless Assistance Resource Team) is providing respite for our unhoused neighbors. On Mondays, volunteers from faith communities in Carmichael provide breakfast, showers, takeaway lunch, and a time for safe relaxation from 9:00 a.m. to 1:00 p.m. at CPC. The same, without showers, is provided at Congregation Beth Shalom on Wednesdays. CPC is providing volunteers for February 16 and 23. Meet Barbara Farley at the sign-up table in the DeVries Gathering Place to learn more and sign up for a shift from either 8:30 a.m.-11:00 a.m. or 10:30 a.m.-1:00 p.m. Please note that February 16 is Presidents' Day so people who work full time may be able to share in this opportunity to serve our community.

ASH WEDNESDAY

WORSHIP

February 18
7:00 p.m.

This contemplative service begins the Lenten season with the imposition of ashes and the Lord's Supper.

The service will also be livestreamed at
<https://www.youtube.com/user/carmichaelpres/>

Childcare is provided.

Please note: there will not be a Wednesday Dinner on February 18.

Today's Flowers

The flowers in the Sanctuary today are given by **Bill and Misty Dunn** in celebration of their 37th wedding anniversary on February 4. Blessings and congratulations!

Souper Bowl of Caring

While many are anticipating the NFL Super Bowl, CPC's youth are heading up an effort to care for those who face hunger every day. From now until Sunday, February 8, we invite you to bring canned goods (especially peanut butter, soup, and tuna) or cash donations on Sunday mornings to support the Carmichael Food Closet through the Souper Bowl of Caring. Look for the pots in the Sanctuary!

Special Friends

Please pray for these folks whose health or other circumstances often keep them from attending in-person worship. Because the list is long, we include a few names each week.

Doreen Wilson
Shirley Worthington
Jim Aaron
Rob Axell

Save the Date – All Church Campout & Day Trip

Join us for a weekend of camping in God's creation at Scotts Flat Reservoir in Nevada City, CA from Friday, June 26 to Sunday, June 28, or join us for a day trip on Saturday, June 27. We will spend the weekend playing in the water, playing games, and building friendships. We have three campsites together which are less than a 5-minute walk to the edge of the lake. Spots are limited. If you are new to CPC, this trip is a great way to meet other people and families. Come relax in nature with your church family! Contact Anne Parker (anne@sparkinn.com or 916-798-5153) to reserve your spot before they fill up.

Trans Youth Healthcare Advocacy

The PC(USA) has affirmed the church's obligation to stand for the right of people of all gender identities to live free from discrimination and injustice. The Covenant Network of Presbyterians encourages us to make our voices heard on proposed federal regulations described below through the Human Rights Campaign (check the emailed Parish Notes for the direct link):

https://act.hrc.org/page/183931/petition/1?ea.tracking.id=or_gnr_hrc_NPRMcomments&fbclid=IwDGRleAPVeX1leHRuA2FibQlxMQBzcnRjBmFwcF9pZA8xNzM4NDc2NDI2NzAzNzAAAR5GbKzMuWYJc6oNyAsiWMMWvhZr-9pgvXu58GiQfCutoKt7zmpBxnVITMCtrg_aem_CzotCmwZpRqaTFtL0E-sXg

Public comment period closes February 17.

The federal government has proposed two new rules that could make it virtually impossible for transgender youth to get the health care they need. These proposed rules would:

- block Medicaid and CHIP funding for gender-affirming care for transgender youth; and
- punish hospitals and providers that offer this care by threatening their ability to participate in Medicare and Medicaid altogether.

If passed, these proposals will impact **all** families seeking care for their trans children, regardless of whether they are doing so with public insurance, private insurance, or their own funds. You can help by **sending a public comment** (it can be made anonymously) telling the government why this care matters and why these rules would hurt young people. Please use your own words as duplicate submissions will be filtered out. If you have questions, you can submit them to cpcinclusion@gmail.com.

CPC's Mission

- Responding to God's love through Jesus Christ, we:
- Welcome all
- Nurture relationships
- Grow in faith together
- Connect with and serve our community & the world

Carmichael Presbyterian Church

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www.carmichaelpres.org



<https://www.pcusa.org/matthew-25/>



<https://pcusa.org/about-pcusa/agencies-entities/interim-unified-agency/ministry-areas/hunger-program/sustainable-living/earth-care-concerns/earth-care-congregations/>

This Week at CPC

Sunday, February 1 @ 10:00 a.m.

Sunday, February 1 @ 11:00 a.m.

Sunday, February 1 @ 11:15 a.m.

Monday, February 2 @ 9:00 a.m.

Monday, February 2 @ 9:30 a.m.

Monday, February 2 @ 1:30 p.m.

Tuesday, February 3 @ 9:30 a.m.

Tuesday, February 3 @ 10:00 a.m.

Tuesday, February 3 @ 11:00 a.m.

Tuesday, February 3 @ 11:00 a.m.

Tuesday, February 3 @ 1:30 p.m.

Tuesday, February 3 @ 4:00 p.m.

Tuesday, February 3 @ 5:00 p.m.

Tuesday, February 3 @ 7:00 p.m.

Wednesday, February 4 @ 7:00 a.m.

Wednesday, February 4 @ 12:30 p.m.

Wednesday, February 4 @ 1:00 p.m.

Wednesday, February 4 @ 6:00 p.m.

Wednesday, February 4 @ 6:30 p.m.

Wednesday, February 4 @ 6:45 p.m.

Wednesday, February 4 @ 7:00 p.m.

Thursday, February 5 @ 8:30 a.m.

Thursday, February 5 @ 9:00 a.m.

Thursday, February 5 @ 1:30 p.m.

Thursday, February 5 @ 6:00 p.m.

Thursday, February 5 @ 7:30 p.m.

Friday, February 6 @ 10:00 a.m.

Saturday, February 7 @ 9:00 a.m.

Saturday, February 7 @ 9:00 a.m.

Saturday, February 7 @ 11:00 a.m.

Saturday, February 7 @ 1:00 p.m.

Sunday, February 8 @ 10:00 a.m.

Sunday, February 8 @ 10:15 a.m.

Sunday, February 8 @ 10:30 a.m.

Sunday, February 8 @ 11:00 a.m.

Sunday, February 8 @ 11:00 a.m.

Sunday, February 8 @ 11:00 a.m.

Worship & Communion in Sanctuary and on YouTube

Annual Congregational Meeting in Sanctuary and on YouTube

Coffee Fellowship In DGP

Winter Respite in McMillen Hall

Art Committee in DeVries Gathering Place

Food Closet Distribution

Dorcas Circle in Howard Crowley Room

Staff Meeting in Library

Companions Study in DGP

GA in Room 202

Food Closet Distribution

Prayer Shawl Ministry in Room 204

Girl Scouts in Room 202 & HCR

AA in DeVries Gathering Place

Winter Respite Food Prep in McM Kitchen

Caregiver Support Group via Zoom

NCC Presbytery in Library

Wednesday Dinner in McMillen Hall

Youth Group in Upper Rooms

Companions Study in DGP

Sanctuary Choir Practice in Music Room

Men's Morning Fellowship via Zoom

World Relief in Room 109

Food Closet Distribution

Food Closet Distribution

SPAA in DeVries Gathering Place

AIAnon in Howard Crowley Room

Presbytery in Sanctuary and Zoom

Shower Ministry in McMillen Hall & Courtyard Room

Baby Shower in DeVries Gathering Place

Companionship in DeVries Gathering Place

Worship in Sanctuary and on YouTube

Sunday School in Rooms 207 & 207

Inclusion Parent Group in Room 204

Coffee Fellowship In DGP

Waterfall Singers in Room 104

Youth Bible Study in Upper Rooms

Wednesday Dinner

Share a meal & conversation in McMillen Hall starting at 6:00 p.m. on most Wednesdays. Enjoy a delicious dinner for \$7 per person, with a \$25 max per family and/or pizza for \$1 per slice. Youth Group for grades 6-12 meets from 6:30-8:00 p.m. and the Sanctuary Choir rehearses starting at 7:00 p.m.