



THE MISSION BELL

CARMICHAEL PRESBYTERIAN CHURCH

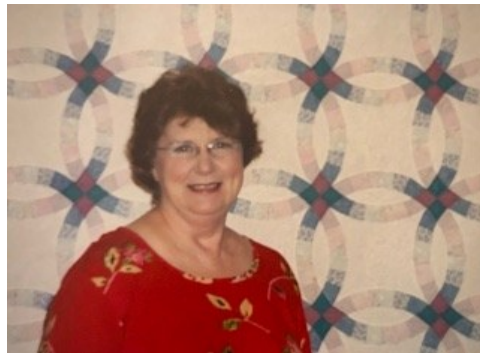
February 2025

Volume LXV Number 1

New Art Exhibit: The Quilts of Margo Scandella

by Kathy Daigle

The CPC Art Committee is delighted to showcase “The Quilts of Margo Scandella” in this new exhibit. Margo grew up in the Lutheran faith which instilled in her a love of liturgical art.



Quilt creations by Margo Scandella are on display in the DeVries Gathering Place.

In this exhibit-

it are some personal quilts, as well as some of the colorful

liturgical quilts which you see hanging in our Sanctuary throughout the year.

These quilts—in the liturgical colors of blue, purple, green, red and white—help us journey through the liturgical seasons and celebrations. Margo also stitched match-
(Continued on page 3)

Paving the Way to Welcome All

by Karen Orlando

One only needs to walk through the CPC parking lot to notice its state of disrepair. The parking lot is filled with areas of crumbling asphalt, cracks, and uneven surfaces. After a



Broken barriers, faded paint, and uneven pavement are common in CPC’s parking lot.

good rain, there is an ongoing joke that the parking lot becomes Lake Carmichael. What

isn’t a joke after the rain is the fact parking spaces are diminished because of all the standing water. In May of 1955, CPC began a capital campaign to raise \$90,000. As a result of the campaign, one and one quarter acres of land was purchased at the rear
(Continued on page 4)

Inside This Issue:

Welcome, New Members!	7
In Our Church Family	7
A Note of Thanks	7
Annual Meeting	4
Christmas Gift Ministry	5
West Point Glee Club Concert	5
Children & Youth Ministry Happenings	6
Dealing with Change	7
Winter Respite Volunteers Needed	8
Get to Know the Van Regenmorters	9
Caregiver Education Workshops	9
Memorial and Honorary Gifts	10
Presbyterian Women	11
Scuttlebutt	12
Library Corner	14
Our CPC Staff	15
Sundays @ CPC	16

Welcome, New Members!



These new members were received by Session on November 23, 2024. Most of them were welcomed in worship on January 26, 2025. It is our joy and privilege to welcome them to our church family!

Henny Cross

Bev Harris

Joyce McDevitt

Mary Miller

David Thiess

Cathy Wride

Four of CPC's newest members were welcomed during worship on January 26 (L to R): Henny Cross, Cathy Wride, Mary Miller, and David Thiess.

In Our Church Family

Please lift up in prayer these members of our church family who have recently lost loved ones:

- ✠ the family of **Betty Moore** who passed away on November 11.
- ✠ **Sherry Witt** and family on the recent loss of her husband, **Dennis Witt**.
- ✠ **Betty Ekstedt** and family on the recent loss of her son, **Steven Ekstedt**.
- ✠ **Emily Grace** and family on the loss of her uncle, **Paul Kalvass**, on December 9.
- ✠ **Billy Bristow** and family on the loss of his wife, **Joan Bristow**, on December 19.
- ✠ The family of **Birgitta Ellis**, who passed away on December 16, and **Russ Ellis**, who passed away on November 23.
- ✠ **Laura Janik** and family on the loss of her longtime friend, **Jinx Clark** on December 21.
- ✠ **Bonnie Paxton** and family on the loss of her husband, **Lee Paxton**, on January 8.
- ✠ **Bev Harris** on the loss of her close friend, **Jim Armstrong**, on January 16.
- ✠ **Len Tozier** and family on the loss of his sister-in-law, **Nola Richter**, on January 17.
- ✠ **Dave & Lisa Benadom** and family on the loss of Dave's brother, **Brian Benadom** on January 24.
- ✠ **Patty Kepner** and family on the loss of her husband, **Mike Peterson**, on January 24.



A Note of Thanks



Dear CPC Family,

Thank you for your generous outpouring of love and kindness on our family.

We've been held by your prayers, touched by your expressions of love and sympathy. We are grateful to our loving God that we belong to such a kind and loving community of faith.

Thank you! We are so blessed!

Love,

*Jenny & Keith
DeVries*

... Art Exhibit ...

(Continued from page 1)

ing paraments for the pulpit and lectern, as well as stoles for our pastors.

A request from **Pastor Keith** inspired Margo's legacy of liturgical quilts. In 2002, he asked that a Liturgical Art Committee be formed to bring colorful liturgical art into our Sanctuary.

The first liturgical quilt Margo designed was the beautiful "Star of Bethlehem" quilt for Advent. It features the bright star in the night sky, along with

city of Bethlehem, surrounding hills, and the shepherd with his flock of sheep. This was an original design drawn by Margo.

In addition to "Star of Bethlehem," Margo also designed and quilted "In the Garden" for Lent depicting Jesus kneeling in prayer. Her white "Resurrection" butterfly

quilt celebrates our Easter joy. Then on Pentecost red banners, quilted with flames, adorn the pillars in our Sanctuary.

In between these special liturgical seasons and celebrations, we enjoy seeing "I Am the Vine" and "You Are the Branches" quilts. They depict the green color and liturgical season of Ordinary Time.



(Clockwise from top): "Resurrection," "Keep Courage During the Storm," and "Two Weeks Vacation" are on display in the DeVries Gathering Place

Margo considers making these liturgical quilts, paraments, stoles and banners as an honor. She praises God for the inspiration that has guided her to create liturgical art that enhances our worship and adds beauty to our Sanctuary.

"Praying Hands" is another

special quilt that Margo designed for the Parlor at CPC. And most recently, she and **Darlene Little** created CPC's Centennial Quilt as part of our year-long celebration.

We are so glad Margo began quilting. One of her treasured personal quilts is "Keep Courage Going During the Storm." This stunning quilt depicts a lighthouse in the midst of a raging storm. Margo quilted it as she grieved the loss of her husband, Ben.

Other quilts on display from Margo's personal collection include "Two Weeks Vacation" with its mountains and evergreen trees, "Waves in Colorado" with its storm at sea pattern, "Autumn Sampler" with warm fall colors, and "Christmas Bow Ties" in festive holiday colors.

We thank Margo for her faith and for sharing her gifts with us. Note: If you don't see one of her liturgical quilts on display, it's likely hanging in the Sanctuary, or will be soon.

THE MISSION BELL

(USP 593-640)

Published Monthly by
CARMICHAEL PRESBYTERIAN CHURCH
5645 Marconi Ave.
Carmichael, CA 95608

Periodicals Postage Paid at
Carmichael, CA 95608

Postmaster send address changes to:
Mission Bell

5645 Marconi Ave.
Carmichael, CA 95608

... Paving the Way ...

(Continued from page 1)

of the present church property to provide more parking. Classrooms were added and a social hall was built. During 1957, the paved parking area in the rear was doubled. In

1959 additional land was purchased and more paving was completed in 1960.

After the completion of the current McMullen Hall

and the east wing, the lower parking area was completed which includes an area for handicapped parking. Our history book, *Heritage of Faith, A 75 Year History of Carmichael Presbyterian Church*, has no record of any significant work on the rear parking lot after 1960.

The time to change all that is coming. In 2021 a group of dedicated church members were asked to form a committee now known as PLTF—the Parking Lot Task Force. For more than three years they have gathered information and planned on the most successful way to replace the decaying parking lot, including

adding solar panels and an accessible ramp from the upper parking lot. This past July, Tim Farley, PLTF Chair, led a parking lot briefing for the congregation with renderings.



A rendering of the new parking lot project includes more accessible parking spots and a ramp from the upper parking area.

This past August, the congregation approved the installation of solar in the parking lot. It's an exciting first step in this restoration project. You can anticipate hearing much more from the PLTF in the

weeks to come.

In anticipation of the parking lot project, we are in the early stages of working with Moore Development Strategies (MDS) as we begin planning for a capital campaign. Moore Development Strategies is a local development company with 25 years of experience in serving clients' organizational and fund development needs. They come to us with considerable experience working with churches and are invested in partnering with CPC. We welcome the opportunity to work with

Dawn Moore and Ann Lucas.

For more information regarding MDS, visit

www.mooredevstrategies.com/

Looking into the future, let's pray that Lake Carmichael will soon be a thing of the past.



ANNUAL CONGREGATIONAL MEETING **Sunday, February 2**

immediately following worship in the Sanctuary

Agenda Items Include:

- reviewing the budget for 2025
- electing elders, deacons, and nominating committee members
- receiving the 2024 annual report
- approving Terms of Call for Pastor Keith and Pastor Ivan.

Christmas Gift Ministry: Thank You for Your Generosity!

by Lillian Janik

This Christmas season, the generosity and compassion of our church family truly shone through in our annual Christmas Gift Ministry. Thanks to your unwavering support, we were able to provide gift cards to local families in need, bringing hope and joy to many during this special time of year.

This year, we distributed a **total of 297 gift cards** to 37 families, each receiving funds to help purchase groceries, gifts, and essentials for the holiday season. This includes gift cards for 102 children from 8 local schools and organizations.

None of this would have been possible without the generous donations of time, resources, and finances from our church members. Thank you to **Deb Sweetman** and **Julie Ueltzen** for their help and support on this project – it couldn't have been done without you! Thank you to **Paul Shultz, Pastor Keith,** and **Pastor Ivan** for their help, and a big thank you to **Bill and Misty Dunn, Laura**



Janik, Bette Johnson, Patty Kepner, Erin Pace, Glenda Perrou, Dani Romais, Judi Stewart, Pattie Shaw, and Sharlene St. Clair for purchasing gift cards. Last but certainly not least, thank you to everyone in the congregation and beyond who donated money to this ministry!

Your kindness and com-

mitment to helping others embody the true spirit of Christmas and we are deeply grateful for each of you. If you were wanting to donate to this amazing ministry but didn't get the chance yet, you can still participate by sending cash or a check to the church office, designating it for the Christmas Gift Ministry. Thank you for making this Christmas a little brighter for so many in our community!

UNITED STATES MILITARY ACADEMY
WEST POINT.

**WEST POINT GLEE CLUB
IN CONCERT**

Sunday, February 16, 2025 @ 7:00 pm

Fremont Presbyterian Church
5770 Carlson Dr
Sacramento, CA 95819

*FREE AND OPEN TO THE PUBLIC — LIMITED SEATING,
RESERVATIONS ARE HIGHLY ENCOURAGED AT WWW.EVENTRBRITE.COM

<https://www.eventbrite.com/e/west-point-glee-club-united-states-military-academy-tickets>

HOSTED BY THE WEST POINT SOCIETY OF NORTHERN CALIFORNIA

Children & Youth Ministry Happenings

by Michael Lombrano, Children's & Youth Ministry Director

Souper Bowl of Caring:



Souper Bowl of Caring is a youth-inspired

movement working across the nation to tackle hunger in local communities. CPC's youth will be holding soup pots as you leave Sunday services on February 2 and 9 to collect your cash or non-perishable food donations for the Carmichael Food Closet.

Cornhole Tournament:



We invite everyone to join us for a fun-filled corn-

hole competition right after service on Sunday, February 9! Whether you're a seasoned pro or a newbie, this is a great chance to come together, enjoy friendly competition, and connect with others in our community. Bring your friends and family to McMillen Hall at 11:15 a.m. on February 9!

Children's Movie Night:



On Valentine's Day, February 14,

CPC will offer your children the chance to come and watch

a movie. Doors to McMillen open at 5:00 p.m., and we will enjoy a movie and dinner until 8:00 p.m. Registration is required and can be completed [HERE](#) or by emailing **Michael Lombrano**. The cost is \$5, which includes dinner for your child(ren).

Youth Rock Climbing:



From 10:00 a.m. to noon on Febru-

ary 17, the youth will be bouldering (not high ropes) at Sacramento Pipeworks. A day pass costs \$30, or \$25 for children 12 and under. Climbing shoes are required, and the church will pay for any shoe rentals.

30-Hour Famine:



World Vision
**30 HOUR
FAMINE 2025**

Our CPC youth group (7th-12th grade) will go to Westminster Woods to participate in a 30-hour famine from

February 28 to March 1. Students will intentionally deprive themselves of food to understand what hunger feels like and to understand what it means to rely solely on God. We have partnered with

World Vision and will raise money to address immediate food needs and equip poor communities to grow food in the long term. Registration is open; email Michael for more information.

Ridiculousness:



CPC's youth group (6th-12th grade) will join with four other

area youth groups for RIDICULOUSNESS on March 14 from 6:00 - 11:00 p.m.! What is RIDICULOUSNESS? It is a time for our students to run around, play games, meet other youth, eat pizza, and have a chance to win prizes. There will be a short message during our time there as well. RIDICULOUSNESS is being hosted at Westminster Presbyterian Church (downtown). We will meet at CPC at 5:30 p.m. to drive over together. We will leave WPC a little after 11:00 and return no later than 11:45 p.m.

For more information, registration, or questions on any of our children's and youth ministry programs, contact **Michael Lombrano** at michael@carmichaelpres.org or 916-486-9081.

Dealing with Change

by Misty Dunn, Stephen Minister/Leader

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—God's good, pleasing and perfect will.

Romans 12:2

Each new year brings change, which can cause many people to be anxious. Maybe we're fearful of what the future may look like because of health problems, economic changes, grief, or painful, unreconciled relationships. Maybe we have become stuck in the pattern of what we've always done. We don't quite know what needs to change or how to make the changes. Perhaps we may be attempting to do some soul-searching to figure out what needs to change in our hearts and lives to be more like Jesus.

Sometimes we need someone with a different perspective to help us see who we are, who we want to be, and how to work towards all that. It helps to have someone who will listen without judgment, offer encouragement, and suggest options or a different way of looking at what's going on

to help widen our thinking while keeping confidentiality throughout the whole process. It definitely helps to have someone walking alongside us, reminding us that God never has and never will abandon us. We may sometimes feel abandoned or sepa-



rated from God; we may feel lost, but God is always there with us. Reading the Bible and/or talking with someone can help us remember that

and let Jesus' message of love, trust, and grace fill our hearts and minds.

If you are wondering if someone could help you in your approach to needed change, a specially trained Stephen Minister may be exactly what you're looking for! A Stephen Minister will meet one-to-one with you, confidentially, for as long as needed. No magic fixes are promised, just a non-judgmental listening ear, as you work towards a healthier life and peace. For more information, talk to one of the pastors or a Stephen Ministry Leader: **Mary Thomas, John Wallace, Len Tozier, or Misty Dunn**, or call the confidential line (916-486-0604).

Wednesday Dinner

Everyone is invited to enjoy a meal and conversation together on Wednesday evenings in McMillen Hall starting at 6:00p.m. On the menu: \$5 dinner, \$3 salad bar, \$1 per slice pizza, \$20 max per family. Childcare is available from 6:30-8:30 p.m. Youth Group for grades 6-12 meets from 6:30-8:00 p.m.

We also need volunteers to help with tasks including set up, clean up, making pizzas, and preparing meals. Interested? Contact **Pastor Ivan Herman** at 916-486-9081 or ivan@carmichaelpres.org and he'll be glad to help you get plugged in.



VOLUNTEERS NEEDED!



WINTER RESPITE FEBRUARY 17 AND FEBRUARY 24

Since January 6, Carmichael Presbyterian Church (CPC) in cooperation with Carmichael HART (Homeless Assistance Resource Team) has provided Winter Respite on Mondays (in addition to Saturday shower ministry), for our homeless neighbors in McMillen Hall. Other churches who are part of Carmichael HART have provided breakfast and showers and a safe and warm place for people to be. On Wednesdays the same thing happens at Crossroads Church.

February 17 and 24 are CPC's turn to host Winter Respite. Monday, February 17 is President's Day, and I hope some of you who work or go to school during the day might be able to help. Students under the age of 15 are welcome with parent supervision. Those over 15 can volunteer on their own. (It's a great way to get community service hours!)

There are two shifts each day. 8:30 a.m. to 11:00 a.m. and 10:30 a.m. to 1:00 p.m. Volunteers help prepare and serve breakfast, supervise the showers, welcome our guests, and help clean up.

To volunteer, fill out the form below and give it to an usher, turn it in to the church office, call or email Barbara Farley (b_farley@sbcglobal.net), or come to the DeVries Gathering Place after worship on February 9 or 16.

Name: _____

Phone: _____

Email: _____

I can help (check as many as apply):

- Monday, February 17 8:30 a.m.-11:00 a.m.
- Monday, February 17 10:30 a.m.-1:00 p.m.
- Monday, February 24 8:30 a.m.-11:00 a.m.
- Monday, February 24 10:30 a.m.-1:00 p.m.

Get to Know Merlyn & Heidi Van Regenmorter



As two of the most recent additions to CPC's music team, **Merlyn and Heidi Van Regenmorter** have quickly become valued members with their vast musical abilities.

Merlyn and Heidi have both been immersed in music all of their lives. Heidi grew up in the Sacramento area, but Merlyn is originally from Iowa. Their paths crossed when they met while playing for a church youth choir tour and they have been making music together ever since. Merlyn and Heidi have two adult daughters, Michelle and Monica, who also live in this area.

Merlyn graduated from North Central University as a music major. Though his major instrument was saxophone, on weekends he played bass guitar and toured around the midwestern U.S. with various bands and musicians. He later earned his Master's and Doctoral degrees. Merlyn (or "Dr. V" as his students called him) taught in the American River College Music Department for 32 years. He developed a Commercial Music Program and built two recording studios and multiple computer music labs. It grew into one of the most respected programs in the state. Merlyn retired in 2022 after having taught approximately 10,000 students in his various classes.

Heidi graduated from CSU Stanislaus as a piano performance major, though she also plays clarinet and saxophone. Heidi taught piano classes at American River College and served as the accompanist for the ARC concert choir for 31 years until her retirement in 2022. Accompanying is her passion. She has served as the staff pianist/organist for several churches including serving at Northminster Presbyterian Church for 35 years. She has been the accompanist for the Sacramento Master Singers for 14 years. She has also worked with countless soloists and ensembles in the Sacramento region including the Camellia Symphony, the Folsom Lake Symphony, the River City Chorale, as well as for California state and regional honor choirs.

Caregiver Education Workshops



CPC is hosting a series of free workshops for caregivers sponsored by Senior Care Solutions, Del Oro Caregiver Resource Center, and the Alzheimer's Association.

Positive Approaches to Caregiving

February 12 2:00-3:30 p.m.
Learn strategies to navigate caregiving challenges; discover how a positive attitude can change your perspective.

Navigating the Senior Care Maze

May 14 2:00-3:30 p.m.
Get an overview of the senior care industry and gain important tools to advocate for yourself or a loved one.

Understanding Alzheimer's & Dementia

August 13 2:00-3:30 p.m.
Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, current research and treatments, and resources.

Register by calling 916-965-5565 or emailing [in-fo@seniorcs.com](mailto:info@seniorcs.com) Respite may be available for participants who request it at least two weeks in advance.

Memorial & Honorary Gifts

These are the persons in whose name memorial gifts were made during the third and fourth quarter of 2024, along with the donors and the designated use of those gifts.

<u>THOSE REMEMBERED/HONORED</u>	<u>DONORS</u>	<u>DESIGNATIONS</u>
Skip, Bob & Mike Seekins (July, August, September, October)	Scott Seekins	Parking Lot
Jane Swenson	Carol Wolfington	Food Closet
	Diane Abbey	Food Closet
	Bill and Misty Dunn	Parking Lot
	Len Tozier	Parking Lot
	Carolee Roach	Undesignated
Phil Mishler	Bill and Misty Dunn	Parking Lot
	Len Tozier	Parking Lot
	Carolee Roach	Undesignated
	Joyce Purvis	Library
	Janann Poteet	Music
	Skipjacks	Parking Lot
Ian Young	Joyce Purvis	Parking Lot
	Gordon and Carolyn McGregor	Food Closet
Howard Ross	Kathy Phillips	Food Closet
Harry Lindley	Beth Lindley	Food Closet
Dean Shaver	Carol Dobler	Undesignated
	Dick and Charlotte Frink	Undesignated
	Len Tozier	Parking Lot
	Janann Poteet	Parking Lot
Claude and Mary Grimm	Robert Hollingsworth	Technology

Send in Your Photos!



They say a picture is worth a thousand words. By sharing your photos of ways you are participating in the life and ministry of CPC, you help us all understand more about what's happening in this community of faith and feel more connected.

When you submit a photo, please also include a few details about the photo—who, what, where, when, why as well as the photographer's name. Email digital photos to **Karen Gray** at karen@carmichaelpres.org or submit a print to the church office. All photos will be handled carefully and returned promptly.

PW Bible Study Continues with Lesson Six: Climate Change

by Terry Sakuda

During our study of chapters 1 through 5 in *Let Justice Roll Down: God's Call to Care for Neighbors and All Creation*, we reflected on Environmental Justice, Land Justice, Food Justice, Water Justice and Air Quality. We continue our discussion in February focusing on Climate Change.



Lesson Six in the PW Horizons Study explores Climate Change.

Lesson 6: Climate Change

We will learn during this lesson that climate change exists and is a human-caused, immediate threat. We will discuss scripture, which states that prophets such as Jeremiah warned of looming threats to the environment. The prophets taught us to avoid complacency and self-concern, and instead to participate in the work God has given us to do. However, many did not believe the prophets and persecuted

them for it. Today we must continue to play a part in this crisis for the environment. However, even today some organizations refuse to acknowledge it. Further, we will discuss what governments

around the world are doing today through continuous research to address climate change and how we can reverse it.

There are a few Bible study books still available. If you are interested in obtaining a Bible study book, please contact **Terry Sakuda** at (571) 205-8055 or terry.sakuda@yahoo.com or come to the church office.

One way to explore the study is by attending our Pastor led study via Zoom on the second Thursday of the month at 10:00 a.m. Our discussion of Lesson 6 will be on February 13. Contact **Karen Gray** in the church office and she will

be happy to include you on the list to receive the Zoom link. All are welcome.

PW Circles are another way to learn more about the study. PW Circles meet for fellowship, mission, prayer and Bible Study on the third Thursday of each month. Naomi Circle meets in the DeVries Gathering Place at 10:00 a.m. (Leader: **Bonnie Hard**) and Mary Martha Circle meets in the DeVries Gathering place at 1:00 p.m. (Co-Leaders **Kathy Daigle** and **Lisa Benadom** .

All women of CPC are invited to visit a meeting. Come check us out!

**MISSION BELL
DEADLINE**
10th of each month
for the following
month's issue



Submit articles to
Karen Gray at
karen@carmichaelpres.org
or mail/drop off a hard
copy in the church office.

Scuttlebutt

News from CPC's Marinerships

Companionship

Celebrating the season, the Companionship met at **Dave and Nancy Studer's**



Companionship members sang Christmas carols for friends and CPC members at Aegis Carmichael in December.

house on December 7 for our annual Christmas caroling event. We started at the Memory Care unit at Eskaton, then drove to Aegis where we saw friends **Kate and John Erlich** and **Ann Kerr** (we missed **Betty Ekstedt**) and then to **Dave & Chris Beeby's** house for our finale. Back at the Studers house we sampled delicious snacks and held our business meeting.

Dave Studer read to us the Christmas story found in Luke, the story of Joseph and Mary and their trip to Bethlehem. We then listened to a recording of Garrison Keeler telling his version of the story with his own comments; It was very entertaining. Dave then asked us to share where we were born and what our parents were doing for a living

at that time. It was amazing how many different birthplaces we could name and how many of our fathers were re-

turning from military service at the end of World War II when we were born, and how many of our mothers were housewives and didn't work outside the home.

Next our guests were introduced: **Bonnie and Burt Logan** have moved from the Midwest to Sacramento to be near their children and grandchildren. It was fun to have them join us.

If you'd like to visit our ship, please contact our Look-out **Sharlene St. Clair**.

Mothership

Mothership (noun): a large ship from which other smaller ones are launched or that supplies what they need.

In November, the new Mothership marinership was established. Everyone is wel-

come, though group activities are primarily focused on families that have one parent who attends church with their kids. For more information contact **Rae-Nani Stokes** 916-524-9562 or **Lynette Ledesma** 650-759-5179.

Our first gathering was a success with seven families attending our November Friendsgiving Potluck! As we arrived we wrote down things we are thankful for and turns out many of us are grateful for family and coffee and at least a few of us are grateful for Dr. Pepper and musical theatre monkeys. We opened with a prayer of thanks for our meal and our new group. The kids quickly scarfed down their food and eagerly ran upstairs to hang out in the youth rooms. Nobody was hurt and nothing was broken. We were thankful.

The adults enjoyed having time to talk and get to know each other. **ElizaBeth Phillips** got us started with an ice breaker where we learned there's quite a few of us who listen to heavy metal, the book *Wicked* is nothing like the musical, and all the families except the Stokes family have pets that keep things lively and amusing in our homes. We briefly discussed ideas for future gatherings. Cleanup was quick, we took a

(Continued on page 13)

... Scuttlebutt ...

(Continued from page 12)

group selfie, said bye and tried not to get soaked as we ran through the rain to our cars.

In December, eight families met for a nacho bar potluck. The adults had a brief discussion and expressed excitement as we brainstormed ideas for future events and potential cargo we can do in service to the church and continued to get to know each other as we shared prayer requests. Then we filled the DeVries Gathering Place with laughter as **Lynette Ledesma** led both the adults and kids (even the moody middle schoolers) in silly games including cup stacking, filling bowls with dry rice using only chopsticks and eating a donut hanging from a string without

using our hands.

Nautilus

Nautilus started off 2025 with our customary “BYOL” meeting at our home port, the church Parlor. Nine of us worked to figure out what the ship is going to do in 2025. After firing up our brains with sugary brownies and such, we were able to decide on a skipper (**Harvey Swenson**, who views the position as a coordinator, not the boss) and pursuer (**Barbara and Wayne Reimers** again). Harvey will continue to write *Mission Bell Scuttlebutt* Notes. We especially fell for **Jan Olson**, who managed to make it despite her own falls. **Louissette Asmar, Kathy Davalos, Dick and Charlotte Frink**, and our amazing centenarian, **Emily**

Moulton rounded out the ship’s crew.

As for programs, other than all-

church activities, members who volunteer (either willingly or not-so-willingly) will manage the process independently, with input from the rest of the crew as desired.

Our February meeting will be off-site at the La Sierra Community Center, for the music festival there. All visitors are welcome; contact any member for information.

Skipjacks

The arrival of the new year of 2025 was belatedly celebrated by Skipjacks on January 11. Sixteen of us gathered in the church Parlor for a good time playing a few games of bingo. If that dates us, so be it. We are seniors. **Tony & Glenda Perrou** provided the cards, while **Diane Instness** donated the prizes. Several varieties of the game were played until all the prizes were won. The longest lasting one was blackout, in which the entire card had to be filled in. It was noted by the losers that one end of the table was heavily weighted by winners.

Prior to all this high life, there was a devotional given by **Bette Johnson**, who read Psalm 34 from her 1968 and 1923 Bibles. The Psalm deals



CPC's newest marinership, Mothership, launched in November with thankfulness and fun family activities. (Continued on page 14)

Library Corner: Read Any Good Books Lately?

by Doris Beckert, CPC Librarian

Here's what been checked out over the last few months from your church library. This is what your fellow members are reading:

- *The Alto Wore Tweed* by Mark Schweizer
- *The Soprano Wore Falsettos* by Mark Schweizer
- *The Baritone Wore Chiffon* by Mark Schweizer
- *Stories of Faith* (CPC history), edit-



ed by **Susan Her-**
man

- *Opening Curtains*, a memoir by **Margo Scandella**.
 - *The Seven Storey Mountain* by Thomas Merton
 - *Chicken Soup for the Christian Soul*
 - *Where Angels Dwell*
 - *52 Hymn Stories*
 - *Contemporary Christian Music*
- ...and various titles by Philip Gulley, Jan Karon,



Karen Kingsbury, and Ann B. Ross (Miss Julia series).

What have YOU been reading?

Find these and more great titles in the church library. The library is open on Sunday mornings. If you'd like to browse during the week, contact the church office to find a time to come in.

... More Scuttlebutt ...

(Continued from page 13) with both peace and faith, which were inspired by the recent news events of the death of former President Carter and by the Southern California wildfires.

Snacks were provided by several people to sustain us through our lengthy business meeting led by Skippers Tony and Glenda Perrou.

Terry Sakuda presented six possible service and charitable projects. The Perrous and **Debbie Cameron**

handed out and explained a preliminary list of monthly programs. A new list of Senior Pal assignments was presented by **Jimmi Mishler**. **Doris Beckert** read

her *Mission Bell* article detailing our Christmas "linner." **Jan Olsen** reported the balance of our bank account. **Margo Scandella** thanked members for their prompt replies to her missives.

We mourn yet another member, **Jack Brown**, who joined his wife Danelle one year later on January 2, 2025. Several members attended the memorial service of **Gail Jenkins** on January 4, and bookmarks from that service were distributed. Prayers were lifted for Glenda Perrou's and **Bep van der Mik's** families who were evacuated in the LA fires.



Skipjacks celebrated the new year with spirited bingo games, along with fun and fellowship.

Our CPC Staff

The Rev. Keith L. DeVries

The Rev. Ivan N. Herman

Keith Atwater, Music Director

Michael Lombrano,
Children's & Youth Ministry
Director

Paul & Mary Camozzi,
Childcare Providers

Karen Gray,
Executive Assistant

Julie Ueltzen,
Church Secretary

Paul Shultz,
Financial Administrator

Ron Morris,
Maintenance Manager

Christian Bolen, Custodian

Heidi van Regenmorter,
Organist

Rikki Pratt,
Mission Bells Director

Gabe Bisho, Pianist

Will Condrey, Drummer

Michael Schwab, Guitarist

Merlyn Van Regenmorter,
Bassist

Noor Bitar, Michael Gray,

Bruce MacLean,

Steve Parker, Kiyo Romais,

Avonlee Janik, and

David Stoffel,

Audio/Video Technicians

Our Mission

Responding to God's love through
Jesus Christ, we:

- Welcome all
- Nurture relationships
- Grow in faith together
- Connect with and serve our community and the world



Contact Us



by phone:

CPC Office 916-486-9081
Stephen Ministry 916-486-0604

Extensions:

Keith DeVries	203	Julie Ueltzen	200
Ivan Herman	202	Michael Lombrano	207
Paul Shultz	205	Ron Morris	206
Karen Gray	201	Keith Atwater	208

via e-mail:

Keith DeVries	keith@carmichaelpres.org
Ivan Herman	ivan@carmichaelpres.org
Michael Lombrano	michael@carmichaelpres.org
Julie Ueltzen	carmichaelpres@gmail.com
Karen Gray	karen@carmichaelpres.org
Paul Shultz	paul@carmichaelpres.org
Ron Morris	ron@carmichaelpres.org
Keith Atwater	music@carmichaelpres.org

The church office is open Monday-Friday 9:00 a.m.-3:00 p.m.



5645 Marconi Avenue
Carmichael, CA 95608-4498

TIME VALUE MAIL

Sundays @ CPC

In-Person & Live Stream Worship 10:00 a.m.

A blend of traditional and contemporary music styles bring new life to the Word. Worship in the Sanctuary or join online. Go to youtube.com/@carmichaelpres or search for “carmichaelpres” on the YouTube app or your Smart TV.



Children's Sunday School 10:15 a.m.

All children are welcome and encouraged to attend worship. Following the Time for Young People, kids age 4-5th grade are dismissed to their classes.

Preschool through 2nd grade students experience Bible stories through Godly Play. Kids in 3rd-5th grade learn together using lectionary-based Whirl curriculum.

Nursery care for infants through age 3 is available throughout the morning.



Coffee Fellowship Waterfall Singers & Youth Bible Study 11:00 a.m.

Visit and enjoy a cup of coffee and a cookie while you browse the Art Exhibit in the DeVries Gathering Place or chat with friends old and new following worship.

Children in Kindergarten through 5th grade can join CPC's children's choir, Waterfall Singers.

Youth in 6th through 12th grade are encouraged to come to the Upper Rooms (youth rooms) for Bible study.





21st
**Planting Seeds
of Faith** 
Luncheon & Auction

Sunday, March 30
11:30 a.m.

Lunch donated by Jackson Catering & Events

**Plan to Attend, Invite Your Friends &
Donate an Auction Item!**

We welcome donations of *NEW* goods or services.

A Few Suggestions:

- 🌸 Tickets for sporting or theater events
- 🌸 Use of a vacation home, cabin, or timeshare
- 🌸 A gift card to your favorite restaurant, store, or hotel
- 🌸 Put together a themed basket - gardening, baking, reading, game night, etc.
- 🌸 The latest tech gadget— Apple Watch, Xbox, or VR headset
- 🌸 A bottle of wine (\$25+ value) for the Wine Wall
- 🌸 Handmade art, jewelry, or other decorative items
- 🌸 A batch of homemade cookies to the high bidder each month for a year
- 🌸 Host a dinner, party, or other event for the high bidders

**To make your donation, fill out the form on the back of this sheet
and return it to the church office by *March 15***

All proceeds benefit CPC's children's and youth programs



Planting Seeds of Faith



2025 Auction Donation

.....
Donor Name: _____

(as you would like it to appear in the program)

Address: _____

Phone: _____

Email: _____

Item Description: _____

Estimated Item Value: \$ _____

Please return by

March 15, 2025

to

Carmichael Presbyterian Church

5645 Marconi Ave., Carmichael, CA 95608

OR

email carmichaelpres@gmail.com

Thank you for your support!

.....
For Staff Use Only:

Item #: _____ Location: _____ Receipt/TY: _____ Sale Price: _____