



# The MISSION BELL

CARMICHAEL PRESBYTERIAN CHURCH

April 2020

Volume LVV Number 3

## COVID-19 Response

In this time of unprecedented precautions against the spread of the new coronavirus (COVID-19), circumstances are changing daily, even

hourly. Therefore, the dates and details about any upcoming meetings, events, worship services, or activities are accurate as of press time, but may have

changed by the time you receive this newsletter.

**The church campus is closed until further notice, in compliance with the current stay-at-home order with the exception of the Food Closet,**

*(Continued on page 3)*



## Sunday Worship Live Streamed



Sunday worship services are being livestreamed over the internet. There won't be anyone sitting in the Sanctuary – we'll all gather virtually. You can even come to worship in your pajamas! Currently, services times are as usual: 8:45 a.m. traditional and 11:00 a.m. contemporary. Pick your favorite

or watch both!

Here's how you can join the livestreaming of Sunday worship service:.

**Scroll down on the church website:** <http://carmichaelpres.org/> and click on "Click here Watch Live from CPC YouTube Channel." **OR**

**Go to the URL:** <https://www.youtube.com/user/carmichaelpres/> **OR**

**Use the YouTube App or Smart TV:** search for carmichaelpres (When you get there, please subscribe to our channel (the big red button on the top right).

Worship bulletins and *eParish Notes* will be emailed each week. *If you're not receiving emails from CPC, give us a call or send us an email with your address so we can add you to the mailing list.* And, be sure to check your junk/spam folder. Sometimes emails to large groups (like our CPC family) can get stuck there.

You can also watch the recordings of past Sunday worship services any time.

### Inside this Issue:

From Pastor Keith	2
How to Give	3
Greeters	3
Best Health Practices	4
In Our Church Family	4
Taize	5
Holy Week 2020	5
Mission on the Move	6
When Facing Difficulties	7
Winter Shelter Update	7
Presbyterian Women	8
Session Highlights	9
Library Corner	9
Per Capita 2020	11
Contact Us	11
Sunday School	12

**Pastor Keith L. DeVries Writes:**

## **"A Very Different World"**

We are living in a very different world today than we did only a few weeks ago, or for that matter only a few hours ago. In order to contain the spread of COVID-19, we have been directed by the State of California and the County of Sacramento to live our lives differently, not in fear, but with extreme caution to protect ourselves and each other from the spread of this virus. To that end, your staff and session have prayerfully decided to make major decisions to our life and ministry together as God's people:

- Close the campus to all meetings, events, and gatherings, including worship services effective March 18.
- The Food Closet remains open as it is considered essential to the health and well-being of our community. Food Closet Director **Terryl Summers** and her crew have implemented daily sanitizing procedures

and have modified the distribution process so that volunteers have NO direct contact with the public to maintain proper social distancing.

- Move all worship services to live streaming – see page 1 for directions on how to connect. And a plethora of thanks to **Steve Parker** for all of his work setting it up!
- **Pastor Ivan** is offering an intergenerational Christian education experience via Zoom each Sunday. The link is included in each week's *eParish Notes*. He is also hosting a prayer time on Facebook at noon each day. Follow Carmichael Presbyterian Church on Facebook to see it.
- The Post Office is holding all CPC mail. I am picking it up several times a week and delivering important items to appropriate individuals.
- **Paul Shultz**, our Financial

Administrator, is processing all of your contributions as you continue to support our common ministry. See page 3 for information on ways to give beyond the offering plate.

- The office staff is working remotely to keep us all informed and actively engaged in shared ministry throughout the duration of this global crisis.
- If you have a prayer request or any need for pastoral care, either for yourself or another member or friend of CPC, please contact me or Pastor Ivan via email or by leaving a message on our voicemail, (see page 11 for email addresses and voicemail extensions) or call either of us at the home numbers listed in the church directory. We are checking all of these on a regular basis.
- The Lenten devotional that has been included in your Sunday bulletin will be included in the weekly worship email. This past week's theme is *"Letting go of fear and holding on to God's peace,"* how appropriate for these uncertain times.

While this is indeed a very different world, we continue to place our faith and trust in the God of creation, who calls

*(Continued on page 3)*

*"While this is indeed a very different world, we continue to place our faith and trust in the God of creation, who calls us into relationship and promises to be with us ... throughout all of life."*

# How to Give



There are several ways to contribute to the ministry and mission of CPC even though there isn't an offering plate to pass:

- Go to <https://carmichaelpres.org/giving/donate/> to contribute online via PayPal or using your credit/debit card
- Call or email **Paul Shultz**, Financial Administrator. He can set you up with giving or take a credit/debit card over the phone. (916-486-9081 or [paul@carmichaelpres.org](mailto:paul@carmichaelpres.org))
- Use good old snail mail! Put a check in an envelope, put a stamp on it, and send it to Carmichael Presbyterian Church, 5645 Marconi Ave., Carmichael, CA 95608 (**Pastor Keith** is picking up mail regularly at the post office while the CPC campus is closed)



Hospitality is part of the character of worship at CPC. Those who take on greeting duties before services provide sincere smiles and warm welcomes for members & guests, and, of course, cookies. Our session divisions and mariner ships provide treats for the Gathering Place between services that help to make us a truly welcoming congregation.

**May—Membership & Outreach**

**June—Friendship**

**July—Fellowship & Nurture**

**August—Holy Scow**

**September—Clippers**

**October—Volunteers**

**November—Mission & Administration**

**December—Lifeboat**

If you'd like to volunteer to greet or help in any way, contact **Barbara Laughton** at or [balaughton@yahoo.com](mailto:balaughton@yahoo.com). Thanks for your dedication!

## ... From Pastor Keith ...

*(Continued from page 2)*

us into relationship and promises to be with us, to shepherd us, and to pursue us throughout all of life. In these promises we have hope! God loves us so much, that God sent the Son, Jesus Christ to personally experience this life with us in all of its uncertainty and messiness. With Paul's promise that nothing can separate us from the love of God in Jesus Christ we draw near with confidence and assurance of the Easter good news. *He is risen, He is risen indeed!*

May you be blessed with wholeness throughout this Lenten season as we approach Easter and the news of the empty tomb.

*Pastor Keith*

## ... COVID-19 Response ...

*(Continued from page 1)*

which is considered an essential function.

For the latest information, check your email, CPC's Facebook page (<https://www.facebook.com/carmichaelpres/>) and CPC's website ([www.carmichaelpres.org](http://www.carmichaelpres.org)) or call the church office at 916-486-9081 and leave a message. Church office staff are working remotely and checking voicemail messages frequently.

Stay safe and be well!

### THE MISSION BELL (USP 593-640)

Published Monthly by  
CARMICHAEL PRESBYTERIAN CHURCH  
5645 Marconi Ave.,  
Carmichael, CA 95608

Periodicals Postage Paid at  
Carmichael, CA 95608

Postmaster send address changes to:

*Mission Bell*  
5645 Marconi Ave.  
Carmichael, CA 95608

# Best Practices to Prevent Illness

by Sharleen Millering, CPC Parish Nurse

Here are some best health practices to prevent colds and flu of any kind but of most concern, COVID-19. Right now most cases are mild but those over 60 with underlying health concerns are most vulnerable.

1. Stay home as much as you can. When you do go out, maintain a 6-foot distance between yourself and others.
2. Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
3. *Avoid touching your eyes, nose, and mouth.*
4. Use ONLY your knuckle to touch light switches, elevator buttons, etc..
5. When putting gas in your car, use a paper towel or disposable glove to lift the nozzle.
6. Open doors with your closed fist or hip - do not grasp the handle with your hand, unless there is no other way to open the door, especially important on bathroom and post office/commercial doors.
7. Use disinfectant wipes at the stores when they are



available, including wiping the handle and child seat in grocery carts.

8. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
9. **Stay home when you are sick.** (fever, sniffing, sneezing, coughing). Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
10. Clean and disinfect frequently touched objects such as doorknobs, phones, computer components and surfaces using a regular household cleaning spray or wipe.
11. Masks have not been shown to be part of preventative action and are generally best for those who are actively ill.
12. Please keep in touch with our shut-ins and vulnerable members to make sure they are doing well.
13. Do not panic.....80% of those who have become ill have mild symptoms.  
If you have questions, please contact **Sharleen Millering** (sgmillering@gmail.com).

# In Our Church Family



Please lift up in prayer these members of our church family who have recently lost loved ones:

- † **Jim Warren and family on the loss of his wife, Joan Warren** on March 17.
- † **Terry Sakuda and family on the loss of her mother, Eva Essley,** on March 12.
- † **Dave Studer and family on the loss of his sister, Rev. Virginia Studer,** on March 20.

## Mission Bell Deadlines



**April 13**

for the May newsletter

**May 11**

for the June newsletter

Submit articles to: Amy Lerseth,  
*Mission Bell* Editor  
at [amylerseth@buzzoates.com](mailto:amylerseth@buzzoates.com)  
or leave articles in the *Mission Bell* box in the church office.

Taizé:

## “Be Still & Know that I Am God”



Are you living in fear in these turbulent times? Are you increasingly

anxious, wondering what's to come, afraid of the unknown? Do you yearn to hear God whispering to you that all will be well? I think we all do. For a moment, begin to imagine yourself surrounded by God's comforting presence. Linger there awhile. Breathe in, then breathe out. Repeat until you begin to feel calmer. Think of God's love for you. Remember that God created heaven and earth – and he created you. Breathe in, breathe out. Quiet your fears. Can you begin to feel his peace, his holy presence? I hope so. Breathe deeply again. Listen carefully. Do you hear his tender whisper of assurance, *'Be still and know that I am God'* (Psalm 46:10)?

When was the last time you just sat quietly with God, praising him for his love, his son and his mighty works? Have you looked at the stars in the night sky, the beauty in a sunset, the mighty ocean or majestic mountains and caught your breath in awe? Or gazed in wonder at a little one? *'Who else but God goes back and forth to heaven? Who else holds the wind in his fists and wraps up the ocean in his*

*cloak? Who but God has created the world? If there is any other, what is his name – and his son's name – if you know it?'* (Proverbs 30:4) Close your eyes and imagine what God could do. Nothing, absolutely nothing is impossible to the

creator of heaven and earth. Praise his mighty name.

Join us on Wednesday, April 15 at 6:15 p.m. via Zoom as we listen to God's promises and lift our voices in song, praising and worshiping our God.

# HOLY WEEK 2020



## **Palm Sunday, April 5**

Traditional Service Livestream  
at 8:45 a.m.

Contemporary Service Livestream  
at 11:00 a.m.



## **Good Friday, April 10**

Combination

Maundy Thursday & Good Friday  
Worship Livestream  
at 7:00 p.m.



## **Easter Sunday, April 12**

Worship Livestream  
at 9:00 a.m.

*with special music from  
Hannah Ludwig, mezzo-soprano*

*(see page 1 for livestream access information)*

# Mission on the Move

This month the Mission Division is reporting on a project that CPC supports. The first recipient of funds from our Global Ecumenical Budget for 2019 was Jeshua Holmes.

This is an update on his activities.

Jeshua was a student at CSUS who graduated with a BA in Government. He worked as

an intern in the California State Senate during his last semester. After that experience he looked for a project that he could apply the lessons he had learned to make a difference for underserved people somewhere in the world. He found International Justice Mission (IJM). This agency is a global organization that works in countries across the world to combat modern slavery, including sex trafficking and forced labor. Jeshua took what he calls “a step of faith” and accepted a year-long position with IJM. He is working in a major South Asian city supporting the government in enforcing the laws on these issues, training local officials to be aware of human slavery, and providing care to victims rescued from slavery and in some cases their children.



In Jeshua’s words “This position allows me to combine my passion for public service and my heart to serve those experiencing suffering in this world, all while serving the Lord”. I

have assisted my team with organizing a conference between representatives from law enforcement, the judiciary, academia, and the social jus-

tice sector. The objective of the event was to foster dialogue between these groups regarding best methods for combating commercial sexual exploitation. The discourse was extremely fruitful, and I was encouraged to see professors, police officers, community organizers, and judges working together to find ways to end human trafficking. Furthermore, I had the chance to attend the opening of a Child Welfare Council (CWC) office, which handles the custody of children who have been removed from abusive environments. The CWC office will have child-friendly facilities aimed at ensuring the comfort of the child (as opposed to more barren government offices which CWC affairs have traditionally been conducted in). In addition, the CWC provides housing to children of

commercial sex workers who are unable to care for them. We had a number of rescues throughout this month. While I cannot give specific details as these cases are still ongoing, I want to convey that a number of minors have been removed from sexually exploitative situations as a result of our efforts and God’s grace. In addition, our office opened a Legal Aid Centre (LAC) in a less socio-economically advantaged neighborhood in our city. The key aim of the LAC is to provide legal remedy to victims of commercial sexual violence who may not have historically been informed of how the law can assist them.

You can read more at [www.jeshabroad.com](http://www.jeshabroad.com) and you can see pictures of Jeshua on the Mission Bulletin Board on the patio.

He sends requests for prayers. “I ask for prayers that I would be given strength and energy for a fruitful outcome for my time in South Asia.”

*Editor’s Note: Jeshua has since arrived safely back in the United States after being sent home during the Coronavirus outbreak.*

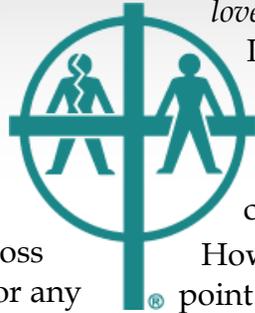
# When Facing Difficulties

by Misty Dunn, Stephen Minister/Leader

When we are feeling overwhelmed or fearful, it is hard to get through each day. It is easy to let ourselves start feeling defeated or panicky when we don't see a clear path forward out of our difficulties. We may be experiencing chronic illness, cancer diagnosis, divorce, the loss of a loved one or a job, or any other kind of life-altering situation. It may feel like we're in a never-ending rut; we've been trying the same things over and over without any discernible progress. That's a similar problem that several disciples were having in John 21. They'd been fishing all night without catching a single fish. When Jesus told them to cast their nets on the other side of the boat, they must have first thought, "That's crazy; how can that help?" But they followed his suggestion and caught so many fish, they could hardly haul them all in. They were willing to accept help, to listen to another's perspective. However, breaking away from our old tried-and-true way of doing things can fill us with anxiety and scary feelings. It may involve letting go of something we fear we can't do without, and often involves letting someone else see us vulnerable.

When grieving or dealing with challenging situations,

it's difficult to believe the scripture from 2 Timothy 1:7, *For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.*



Paul was urging Timothy to be bold and to rely on the power of the Holy Spirit to overcome his fears.

How do we get to the point where we can do this? Reading the Bible and insightful devotionals, and talking with pastors and other believers can definitely help. Another excellent resource is to ask for a Stephen Minister. Stephen Ministers are trained to offer an empathetic, non-judgmental, listening ear and confidential support on a one-to-one basis. No one (except the Stephen Minister Referral

Coordinator, **Kelly Holland**) even knows that you have a Stephen Minister, unless you choose to tell someone. A Stephen Minister walks alongside you on your journey of self-discovery, helping you brainstorm, allowing you to vent or cry when needed, praying for and with you, affirming and encouraging you.

If you or someone you know needs someone to listen and extend the hand of Christian love, our Stephen Ministry can play an important role. For more information, contact any of the Stephen Leaders:

**Kelly Holland, John Wallace, Mary Thomas, Len Tozier, or Misty Dunn.**

## Winter Shelter Update

by Barbara Farley



During the week of February 23-29 we hosted between 25 and 31 homeless guests from Carmichael HART (Homeless Assistance Resource Team) in McMillen Hall. Our guests arrived at 6:15 p.m., ate dinner, took a shower, relaxed and slept until 5:00 a.m. when they awoke to a warm breakfast (prepared by special early morning volunteers **Olene Chard, Diane Instness, and Hal Holland**). When each guest left they were given a brown bag lunch prepared by our middle school youth. Volunteer drivers took our guests each morning back to Crossroads Church to pick up their stored possessions.

More than 70 CPC members volunteered to cook, provide hospitality, and spend the night. Some volunteered for more than one opportunity. **THANK YOU TO ALL WHO GAVE SO GENEROUSLY!** Our guests were very appreciative.

# Presbyterian Women: PW Bible Study: *Love Carved in Stone*

by Kathy Daigle

This PW Bible Study by Eugenia Anne Gamble helps us look at the Ten Commandments of the Old Testament with fresh insights. These 'Ten Words' can be seen as a personal love letter from God to each of us—and to all generations.

April: The Ninth Word—*"You shall not bear false witness against your neighbor."* (Exodus 20:16)

Scripture: Exodus 20:16, Deuteronomy 5:20 and Matthew 12:36-37

Purpose: Trust in our justice system and basic honesty is important to communities.

Prayer: *Gracious God, your word to us is always faithful and true. We thank you, Jesus, our heart and life, you are the way and the truth for us. Help us, Lord, to live in the truth. Help us to be mindful of the words we speak. Make us trustworthy witnesses so that your love and truth can spread from us as a sweet fragrance in our troubled world. In Jesus' holy name we pray. Amen.*

Through this Bible Study we begin to realize just how cherished we are, opening our eyes to see that all people are God's beloved. God invites us to re-center our lives, to honor all life, and to be honest and truthful with one another in everything we do.

Lies can set in motion dynamics that cut to the heart of

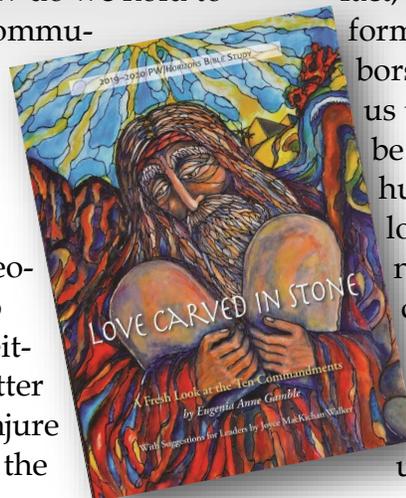
relationships, community, and the fabric that holds society together. How do we hold together as a community if we cannot trust one another? The Ninth Word states that God's people are not to lie or be deceitful. Do not utter words that injure others, harm the heart, or take people's power and self-esteem from them.

Telling the truth must be at

the heart of the legal system and at the heart of society. In fact, telling the truth is a form of loving one's neighbors. Ephesians 4 reminds us that the truth must also be spoken in love. Truth hurled as a weapon at a loved one or enemy is never appropriate. The courage to face the truth can make us free (John 8:32), but the truth should never be used as an excuse to demean, manipulate or gossip.

The Ninth Word calls us to inner thoughtfulness. It in-

*(Continued on page 9)*



## PW Circle Meetings

*All Circle meetings are currently on hold due to COVID-19 prevention precautions.*

**Dorcas:** The World Service Sewing Circle is for those who enjoy sewing for mission projects. Typically meets in the Howard Crowley Room on first Tuesdays from 9:30 to 11:30 a.m. Leader: **Carolyn McGregor**

**Mary Martha:** Typically meets in the Gathering Place on third Thursdays at 9:30 a.m. Co-Leaders: **Kathy Daigle** (kathydaigle@comcast.net) and **Lisa Benadom** (lbenadom@comcast.net)

**Naomi:** Meets in the Church Parlor on third Thursdays at 9:30 a.m. Leader: **Bonnie Hard**

**Rachel:** Generally meets at the home of Margo Scandella. Please contact Margo to confirm the location if you are interested in attending. Typically meets on third Thursdays at 9:30 a.m. Leader: **Margo Scandella** (margolis@aol.com)

# Session Spotlight

by Linda Hatch, Clerk of Session

Highlights from the February 25 Session meeting:

- Financial report:

### General Fund Report

Income January 2020	\$ 63,737.16
Income YTD	63,737.16
Expense January 2020	69,137.04
Expense YTD	69,137.04

### 21st Century Report

Income January	\$ 712.14
Income YTD	712.14

- The Worship Division is planning three Easter services: a Sunrise Service, 9:00 a.m. and 11:00 a.m. This will be re-evaluated after Easter for next year.
- Robertson House Update – A rental agreement was signed with Carmichael HART (Homeless Assistance Resource Team) so they can renovate the Robertson house to use as transitional housing.



# ... PW ...

(Continued from page 8)

vites us to be aware of how we speak to ourselves and others, and the consequences of our words. Living mindfully and honestly in a world in which many no longer value the truth is hard. Yet the truth is the call at the heart of this command. God loves us and wants us to live in peace and harmony with Him and with one another.

**May PW Gathering.** Our spring gathering, 'A Bicycle Built for Two,' that was planned for Sunday, May 3, has been canceled.

**PW Circles.** We meet monthly in small groups for Bible study, prayer, fellowship and to nurture our faith. We also share reflections and prayers – and focus on ministries and missions that PW supports, worldwide and locally. Regular circle meetings are currently on hold due to COVID-19 prevention precautions.

**PW Pastor's Bible Study.** Pastor **Keith DeVries** will lead the next PW Pastor Bible Study on Thursday, April 9, at 9:30 a.m. via Zoom. All are welcome. Contact the church office for details on how to join.

*All of the PW meetings and events are subject to change, cancellation, or postponement as COVID-19 prevention precautions require.*

# Library Corner

by Doris Beckert, CPC Librarian

When checking the library's card catalog to see which books there are on Lent, I discovered there were nine devotionals, two poetry, and three general discussions. This called for a printed listing, or bibliography. This list is available in the library. Some of those books are described here:



- *From Advent's Alleluia to Easter's Morning Light* (811)
- *Kneeling in Jerusalem* (811)

A copy of the booklet available free to all is also in the library: *Becoming a Beloved Community* (264.5) Background on Lent and Easter is included among other festivals in: *Faithful Celebrations*, by Sharon Pearson

The Upper Room is a well-known publisher of meditations. One is: *Readings for Lent & Easter*

Selections from any of the above make good devotionals for PW, Fellowship, Mariners, Division, or other meetings.

Ann Weems is a poet high on **Pastor Keith's** list. She was invited to speak here at CPC some years ago, and in advance of her arrival the library purchased all her books. Two of these deal with Lent and Easter:

# Per Capita 2020-What's That?

by Patty Peterson

Per Capita is a fundamental way in which all of the nearly 10,000 congregations and mid councils of the Presbyterian Church (U.S.A.) connect, participate and share in the work of the wider church. Per capita is the primary source of funding for the Office of the General Assembly, and is how Presbyterians mutually and equitably share the costs of coming together to discern the Spirit's leading for the future.

Per Capita is a set amount per member that each congregation should pay annually to the larger Presbyterian Church (USA). It is part of the glue that holds Presbyterians together and has a long history dating back to 1734. Per Capita funds are pooled together from all congregations and used to fund the following important services:

- The General Assembly meeting every two years where Presbyterians gather together to worship and discern the mind of Christ for the church.
- Administration/support of mission work
- Production of Presbyterian resources, such as the *Book of Order* and the *Book of Confes-*

sions in several languages.

- The Presbyterian Historical Society that preserves and shares the Presbyterian experience for future generations
- Preparation, administration and grading of standard ordination examinations for seminary students
- Annual training events for presbytery executives, stated clerks and others who help lead our work and mission
- Pastoral support for immigrant fellowships

Individual per capita participation this year is \$30.00--less than \$3.00 per month for each member. The \$30.00 is based on the following--\$8.95 for General Assembly, \$5.22 for Synod of the Pacific, \$14.83 for the Presbytery of Sacramento and \$1.00 for the Pastoral Emergency Care Fund. Based on CPC's current members, our congregation's contribution is budgeted at \$16,170 this year.

To date, we have collected 24% of our annual per capita obligation. We will make our full annual payment even if we have not received all of the congregation's per capita payments from our members. Our goal is for each CPC member

to contribute their per capita amount each year so our payment to the Presbytery is fully funded.

If you have made your 2020 per capita payment of \$30.00 per member, **THANK YOU!** If you have not made your 2020 payment, please do so as soon as possible using the special blue envelope provided in your offering envelope box. If you are missing your per capita envelope, you may use a pew envelope marked with your envelope number. Or, you may simply mail your check to the church office. Please be sure to show your envelope number on your check and mark it for Per Capita 2020. If you have any questions, please feel free to contact **Paul Shultz**, Financial Administrator.

Thank you for your support!!



## Our Mission

*Responding to God's love through Jesus Christ, we:*

- *Welcome all*
- *Nurture relationships*
- *Grow in faith together*
- *Connect with and serve our community and the world*

## Contact Us



### by phone:

CPC Office	916-486-9081
Office after-hours line	916-486-1406
Health Ministry	916-486-0604
Stephen Ministry	916-486-0604
Food Closet	916-483-9232
Fax	916-486-3771

To leave a voice mail message for a staff person when the office is closed, dial 916-486-9081. When the machine answers your call, dial the person's extension.

Keith DeVries	203	Paul Shultz	205
Ivan Herman	202	Karen Gray	201
Julie Ueltzen	200	Lisa Torgerson	204
Randy Benfield	208	Ron Morris	206

### via e-mail:

Keith DeVries	keith@carmichaelpres.org
Ivan Herman	ivan@carmichaelpres.org
Randy Benfield	randy@carmichaelpres.org
Julie Ueltzen	carmichaelpres@gmail.com
Karen Gray	karen@carmichaelpres.org
Paul Shultz	paul@carmichaelpres.org
Ron Morris	ron@carmichaelpres.org
Lisa Torgerson	lisa@carmichaelpres.org

Or link to email through our website: [www.carmichaelpres.org](http://www.carmichaelpres.org)

## Our CPC Staff

Remembering that the members of Carmichael Presbyterian Church are the ministers and missionaries of our faith community, our Pastoral Staff and Support Team provide leadership and specialized ministries.

**The Rev. Keith L. DeVries**

**The Rev. Ivan N. Herman**

**Randy Benfield,**  
Director of Music

**Trina Spivack,** Accompanist

**Jenny DeVries,**  
Contemporary Worship Leader

**Tammy Sigl,**  
Interim Bell Choir Director

**Lisa Torgerson,**  
Children's & Youth  
Ministry Director

**Matthew Lillie,**  
Children's Ministry Intern

**Paul & Mary Camozzi,**  
Childcare Providers

**Karen Gray,** Pastors' Secretary

**Julie Ueltzen,** Church Secretary

**Paul Shultz,**  
Financial Administrator

**Ron Morris,**  
Maintenance Manager

**Christian Bolen,** Custodian

**Aidan Logan,** Custodian

**Lisa Levering,**  
Wedding Coordinator

Carmichael Presbyterian Church  
5645 Marconi Avenue  
Carmichael, CA 95608-4423

Periodicals Postage  
Paid at  
CARMICHAEL CA  
95608

**TIME VALUE MAIL**

---

## Sunday School



In-person Sunday School and adult education classes are on hold for the time being. Instead, **Pastor Ivan** is hosting an intergenerational Sunday School each week via Zoom! All are welcome and encouraged to join in learning more about God and God's love for us.

Watch the weekly *eParish Notes* and your email for details on how to connect to Zoom Sunday School with your computer, tablet, or telephone.